AB 'L' Bob



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Ron Nelson (USA) - April 2016

音乐: Bob Robert's Society Band - Jimmy Buffett



Dance Starts 16 Counts after Piano Intro - Weight on Left - BPM [112] Thank you to Kathy Gurdjian for suggesting the music and the steps.

S1: Stroll Fwd, Kick L, Stroll Back, Touch R to L - 12:00

1 2 3 4 Walk Fwd R, Walk Fwd L, Walk Fwd R, Kick L Fwd

5 6 7 8 Walk Back L, Walk Back R, Walk Back L, Touch R next to L

S2: Vine to R Side, Touch, Vine to L Side with 1/4 Turn, Touch - 9:00

1 2 3 4 Step R to R, Cross L behind R, Step R to R, Touch L next to R

5 6 7 8 Step L to L, Cross R behind L, Turn 1/4 L-Step Fwd L, Touch R next to L

S3: Stroll Fwd, Kick L, Stroll Back, Touch R to L - 9:00

1 2 3 4 Walk Fwd R, Walk Fwd L, Walk Fwd R, Kick L Fwd

5 6 7 8 Walk Back L, Walk Back R, Walk Back L, Touch R next to L

S4: Step Out, Hold, 2, 3, 4, Hip Bumps R, L, R, L - 9:00

1 2 Step Right to Side, Hold

3 4 Hold, Hold

5 6 Bump R Hip, Bump L Hip 7 8 Bump R Hip, Bump L Hip

START AGAIN AND ENJOY

Contact: dancingron@bellsouth.net