

# My Girl's Night Out

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Improver  
编舞者: Jef Camps (BEL) - May 2016  
音乐: Mgno - Russell Dickerson



Info: 16 count intro – 1 restart

## CROSS ROCK, RECOVER, CHASSE, HEEL GRIND, TOG, CROSS, SIDE

1-2      RF cross rock over LF, recover on LF  
3&4      RF step side, LF close next to RF, RF step side  
5-6&      LF cross heel over RF, RF step side when twisting LT to the L, LF close next to RF  
7-8      RF cross over LF, LF step side

## BEHIND, SIDE, HEEL-BALL-CROSS, ¼ TURN BACK, ¼ TURN SIDE, SWAYS, TOG, SIDE ROCK, RECOVER

1&2&      RF cross behind LF, LF step side, RF dig heel diag. R-forward, RF close next to LF  
3-4      LF cross over RF, ¼ turn L & RF step back □□□□(9:00)  
5&6      ¼ turn L & LF step side & push hips to L, push hips to R, push hips to L□(6:00)  
&7-8      RF close next to LF, LF rock to side, recover on RF

## SAILOR-STEP, ROCK FWD, RECOVER, TRIPPLE ¾ TURN, CROSS, ¼ TURN BACK

1&2      LF cross behind RF, RF step side, LF step slightly forward  
3-4      RF rock forward, recover on LF  
5&6      Make a ¾ triple turn R on R-L-R□□□□□□(3:00)  
7-8      LF cross over RF, ¼ turn L & RF step back□□□□□□(12:00)

## ROCK BACK, RECOVER, SHUFFLE ½ TURN R, ¼ TURN SIDE, CROSS, ½ TURN, CROSS SAMBA, FLICK

1-2      LF rock back, recover on RF  
3&4      ¼ turn R & LF step side, RF close next to LF, ¼ turn R & LF step back  
&5-6      ¼ turn R & RF step side, LF cross over RF, make ½ turn R on RF  
7&8&      LF cross over RF, RF step side, LF step side (Flick RF)

Have fun!

Restart: in the 5th wall after 16 counts

Dance until the end of the second section & change count 16 into a scuff with your RF to restart the dance (6:00)