Talk To Me

级数: Improver



拍数:64

墙数:2

编舞者: Sally Hung (TW) - May 2016

音乐: She Bangs - Ricky Martin

Sequence Of Dance:

Restart after finishing S5 of Wall 4, facing 9:00 Restart after finishing S5 of Wall 7, facing 12:00

Intro: 16 counts

S1. SIDE, POINT, SIDE, POINT, VINE R

- 1,2,3,4 Step R to R side, touch L beside R, step L to L side, touch R beside L
- 5,6,7,8 Step R to R side, cross step L behind R, step R to R side, touch L together

S2. FWD, POINT, ¼ TURN R CROSS, POINT, CHASSE L, ROCK BACK, RECOVER

- 1,2,3,4 Step L fwd, touch R to R side, make a ¼ turn R cross step R over L, touch L to L side
- 5&6,7,8 Step L to L side, step R next to L, step L to L side, rock back on R, recover on L

S3. R FWD SHUFFLE, L FWD SHUFFLE, ROCK FWD, RECOVER, ½ TURN R FWD SHUFFLE

- 1&2,3&4 Step R fwd, close L beside R, step R fwd, step L fwd, close R beside L, step L fwd
- 5,6,7&8 Rock fwd on R, recover on L, make a ½ turn R stepping R fwd, closed L beside R, step R fwd

S4. L FWD SHUFFLE, R FWD SHUFFLE, ROCK FWD, RECOVER, ½ TURN L FWD SHUFFLE

- 1&2,3&4 Step L fwd, close R beside L, step L fwd, step R fwd, close L beside R, step R fwd
- 5,6,7&8 Rock fwd on L, recover on R, make a ½ turn L stepping L fwd, closed R beside L, step L fwd

S5. ROCKING CHAIR, SIDE TOUCH WITH SHIMMY X2

- 1,2,3,4 Rock fwd on R (body weight on R), recover onto L, rock back on R(body weight on R), recover onto L
- 5,6,7,8 With shoulder shimmy stepping R to R side, touch L beside R, with shoulder shimmy stepping L to L side, touch R beside L

S6. ROCKING CHAIR, JAZZ BOX WITH ¼ TURN R

- 1,2,3,4 Rock fwd on R (body weight on R), recover onto L, rock back on R(body weight on R), recover onto L
- 5,6,7,8 Cross R over L, make a ¼ turn R stepping back on L, step R to R side, step fwd on L

S7. ROCKING CHAIR, PADDLE TURN FULL TURN L

- 1,2,3,4 Rock fwd on R (body weight on R), recover onto L, rock back on R(body weight on R), recover onto L
- 5&6&7&8 Point R fwd, ¼ turn L, point R fwd, ¼ turn L, point R fwd, ¼ turn L, point R fwd, ¼ turn L

S8. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP, PIVOT ½ TURN R, FWD SHUFFLE

- 1,2,3&4 Step R fwd, Pivot ¹/₂ turn L, fwd shuffle on R-L-R
- 5,6,7&8 Step L fwd, Pivot ½ turn R, fwd shuffle on L-R-L

*If you use the short version of this sound track (3:36), then end this dance on Wall 8, facing 6:00. If you use the origional sound track (4:06), then add the first 4 count of S1 after finishing Wall 8, restart Wall 9 facing 6:00.

Happy Dancing!

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