Sound of Silence

拍数: 32

级数: Intermediate

编舞者: Nadia Friel (AUS) - April 2016

音乐: Sound of Silence (Short Edit) - Dami Im : (iTunes)

Start: 4 beats in - Start on vocals. 2 Tags And 1 Restart

(1-8) Diag back, Hip motion fwd, Behind, Side, Across, hitch step across, 1/2 turn, Across, Side, Rock (6:00)	
1,2	Step R diagonally back to R45, Keep weight on R and move L hip in anti-clockwise direction
3&4&5	Step L behind R, Step R to side, Step L across R, Hitch R leg, Step down across L
6&7	Turning 1/4 R Step L back, turning 1/4 R Step R to side, Step L across R
8&	Step R to side, Rock weight to L

(9-16) Across unwind to L corner, Shuffle to corner, Sweep R forward,Lock Back, Back, Fwd to side wall, Flick and turn 1/2 R, Touch, Sailor step (3:00)

- 1& Step R across L, unwind 1 1/8 L (end up facing L corner 5:00),
- 2&3 Step L forward, Step R beside L, Step L forward,
- &4& Sweep R forward, Lock R back across L, Step L back,
- 5& Turning 135 degrees R (side wall 9:00) Step R forward, Turning 1/2 R on R,
- 6 Touch L out to side (styling: flick L back on the & count as you turn)
- 7&8 Step L behind R, Step R to side, Step L to side

(17-24) Behind, Side, 1/4 L forward, Forward, Pivot Turn, Forward, Pivot 1/4, Across, Rock back, 1/4 Turn, Forward, Pivot 1/4 R, Across, Side, Behind, Sweep (9:00)

- 1& Step R behind L, turning 1/4 L step L forward,
- 2&3&4 Step R forward, Pivot 1/2 L, Step R forward, pivot 1/4 L, Step R across L
- 5&6& Rock back, Turning 1/4 R Step R forward, Step L forward, Pivot 1/4 R
- 7&8& Step L across R, Step R to side, Step L behind R, Sweep R back *** (Restart)

(25-32) Back, Sweep L, Step L back, Rock Fwd, ½ Turn R, Back, Forward, 1/2 Turn L, Weight still on R turn a further 1/4 Turn L, Forward, Lock, Forward, Sweep Forward, Lock across, Step back (6:00)

- 1,2,& Step R back, Sweep and step L back, rock forward on R
- 3,4& Turning ½ R step L back, step R back, rock forward on L
- 5,6& Turning ½ L step R back, turning a further ¼ L step L forward, Lock R behind L
- 7,8& Step L forward while sweep R forward, Lock R across in front of L, step L back

REPEAT

Tag: End of Walls 1 and 3 add the following:

- 1&2 Large step to R side, drag L towards R, step L next to R
- 3&4 Large step to R side, drag L towards R, step L next to R
- & Step R across L
- 5,6 Step and sway hips to L side, sway hips to R side,
- 7,8 Step L across R, keeping weight on L unwind a full turn R slowly

Restart: On wall 5 after count 24 add the following:-

1& Step R back, rock forward on L slightly hitching R as you turn 1/4 L on L foot to back wall and Restart the dance

Ending: Ends on count 1 (step R diagonally back) as soon as the music ends.

Contact ~ Email: nfriel@iprimus.com.au





墙数:2