

I'm OK

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Sally Hung (TW) - May 2016
音乐: I'm OK (난 괜찮아) - Luna (루나), Solar (솔라), Ailee (에일리), Eun Ji (정은지)



Sequence Of Dance: Intra Dance/S1-S8/S1-S8/S1-S4 Tag1(6:00)/S1-S4(Slow) Tag2(3:00)/S1-S8
Tag2(9:00)/S1-S6

Intro: 6 Counts After Piano

Intro Dance:

S1-S4(Slow), Tag1, Tag3

Tag 1(6 counts)

1,2,3,4,5,6 Walk back R-L-R-L, rock back R, recover onto L

Tag 2(4 counts)

1,2,3,4 Walk back R-L-R-L

Tag 3(16 counts)

1,2,3,4 Step R to R side, touch L across R, step L to L side, touch R across L
5,6,7,8 Step R to R side, cross step L behind R, step R to R side, touch L beside R
9,10,11,12 Step L to L side, touch R across L, step R to R side, touch L across R
13,14,15,16 Step L to L side, cross step R behind L, step L to L side, touch R beside L

S1. WALK, WALK, CROSS SAMBA, WALK, WALK, CROSS SAMBA

1,2,3&4 Step fwd R, step fwd L, cross R over L, rock L to L side, recover on R
5,6,7&8 Step fwd L, step fwd R, cross L over R, rock R to R side, recover on L

S2. FWD ROCK, RECOVER, ½ TURN R FWD SHUFFLE, ½ TURN R BACK SHUFFLE, BACK ROCK, RECOVER

S3. VINE L, SIDE, CROSS SHUFFLE, SIDE, ¼ TURN R

1,2,3,4 Cross step R over L, step L to L side, cross step R behind L, step L to L side
5&6,7,8 Cross shuffle on RLR, step L to L side, make ¼ turn R stepping fwd R

S4. FWD SHUFFLE, FWD SHUFFLE, STEP, PIVOT ½ TURN R FWD SHUFFLE

1&2,3&4 Fwd shuffle on LRL, fwd shuffle on RLR
5,6,7&8 Step fwd L, pivot ½ turn R, fwd shuffle on LRL

S5. CROSS SAMBA, CROSS SAMBA, TRAVELING VOLTAS TO L

1&2,3&4 Cross R over L, rock L to L side, recover on R, cross L over R, rock R to R side, recover on L
5,6,7&8 Cross R over L, slightly step L ball to L side, cross R over L, slightly step L ball to L side, cross R over L

S6. SIDE, ¼ TURN R, FWD SHUFFLE, SAMBA WHISKS

1,2,3&4 Step L to L side, ¼ turn R stepping R fwd, fwd shuffle on LRL
5&6,7&8 Step R to R side, rock L cross behind R, recover onto R, step L to L side, rock R cross behind L, recover onto L

S7. KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

1,2,3&4 Kick R across L, kick R to diagonal R, step back on R, step L next to R, step fwd R
5,6,7&8 Kick L across R, kick L to diagonal L, step back on L, step R next to L, step fwd L

S8. POINT, POINT, FWD SHUFFLE, POINT, POINT, ½ TURN L FWD SHUFFLE

1,2,3&4 Touch R toes fwd, touch R toes back, fwd shuffle on RLR
5,6,7&8 Touch L toes fwd, touch L toes back, make ½ turn L fwd shuffle on LRL

Happy Dancing!
