

# Five Fingers (Fem Fingrar)

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hans Palm (SWE) - May 2016  
音乐: Handens Fem Fingrar - Lisa Nilsson



Intro: □16 counts

Sequence: 32, 16, 32, Tag, 16, 32, 16, 32, Tag X 3, 32, Tag X 2, 32, 12, 13

Note: The sequence looks complicated but it's rather easy to hear where restarts and tags are from the music.

## S1: □Lunge L recover $\frac{1}{4}$ R, full turn R, syncopated rock steps

1,2      Lunge L (1) on L, recover and turn  $\frac{1}{4}$  R on R (2) 3:00  
3,4      Turn  $\frac{1}{2}$  R on L (3), turn  $\frac{1}{2}$  R on R (4) 3:00  
&      Step down on L beside R while transferring weight off R foot, keeping ball of R foot on the floor (&)  
5&      Rock forward on R (5), recover back on L (6), step down R beside while transferring weight off L foot (&)  
7,8      Rock forward on L (7), recover back on R (8)

## S2: □Step lock back L R L, shuffle turn $\frac{1}{2}$ R, L rocking chair

1&2      Step back on L (1), lock step R back over L (&), step L back (2)  
3&4      Step R to side while turning  $\frac{1}{4}$  R (3), step L beside R (&), step R forward while turning  $\frac{1}{4}$  R (4) 9:00  
5,6,7,8      Rock forward on L (5), recover back on R (6), rock back on L (7), recover on R (8)

## S3: □L to side and $\frac{3}{4}$ spiral turn R, walk R L, step turn on R $\frac{1}{4}$ L (prep), triple turn R

1,2      Step L to the side (1), spiral turn (distinct)  $\frac{3}{4}$  R with weight on L and finishing with R foot crossed over L (2) 6:00  
3,4      Walk forward on R (3), walk forward on L (4)  
5,6      Step forward on R (5), turn body slightly more than  $\frac{1}{4}$  L on R (looking at 3:00) finishing with weight on L foot (6), preparing for triple full turn R towards 3:00  
7&8      Triple full turn R in place on R (7), L (&), R (8) 3:00

## S4: □Syncopated cross rocks to R and L, walk L R, slow pivot turn $\frac{1}{2}$ L to L foot, R beside

12&      Cross rock L foot over R  $\frac{1}{8}$  to the right diagonal (1), recover  $\frac{1}{8}$  L stepping back on R (2), step L slightly to L side (&) 3:00  
34&      Cross rock R foot over L  $\frac{1}{8}$  to the left diagonal (3), recover  $\frac{1}{8}$  R stepping back on L (4), step R slightly to R side (&) 3:00  
5,6,7      Walk forward on L (5), walk forward on R (6), start slow pivot turn  $\frac{1}{2}$  L on R foot (7)  
&8      Finish turn  $\frac{1}{2}$  L and transfer weight to L foot (&) 9:00, step R beside L with weight on R foot (8) to prepare for next wall with lunge on L

Restarts: After 16 counts on wall 2 (6:00), wall 4 (12:00) and wall 6 (6:00). On wall 10 starting at 9:00, continue dancing in the same tempo when the music stops, Restart at 6:00 after 12 counts when music starts again.

Tags: □Sway L (1) R (2) after wall 3 at 3:00, repeat 3 times after wall 7 at 3:00 (1-6), repeat 2 times after wall 8 at 12:00 (1-4)

Ending: Ends at the front wall (12:00) after 13 counts on the last wall. After backwards step-lock-step in S2 (1&2), shuffle turn R only  $\frac{1}{4}$  instead of  $\frac{1}{2}$  (3&4). Finish by stepping forward on L, slightly crossing over R (5).

Contact: palm.hans@gmail.com

