This is the Big One (I'm falling in Love)



编舞者: Julie Lockton (ES) - June 2016

音乐: Falling in Love (The Big One) - John McNicholl: (Album: Catchy Irish Country

Music!)



Count in: 16 counts - No Tags Or Re-Starts

SECTION ONE: Step touch, Kick Ball Cross, Hinge turn, Shuffle Forward

1-2-3&4 Step right to right side, touch left to right, kick left forward, step down onto the left ball, cross

right over left

5-6-7&8 Step left to left side, making ½ turn over the right step right to right side to 06:00, shuffle

forward left, right, left

SECTION TWO: Rock recover, syncopated steps back, rock recover, shuffle ½ turn

1-2&3-4 Rock forward on the right, recover onto left, step back on the right (&), step back on the left,

step back on the right

5-6-7&8 Rock back on the left, recover onto right, shuffle forward left, right, left making ½ turn over

right to 12:00

SECTION THREE: Heel & Heel & Heel Hook, step forward, toes, step, touch

1&2&3-4 Place right heel forward, step onto right, place left heel forward, step onto left, place right

heel forward, hook right in front of left

5-6-7-8 Step forward on the right, touch left toes behind right, step back on left, touch right beside left

NOTE: The 1st 4 counts can be replaced with apple jacks for those who can and want to!

SECTION FOUR: Syncopated weave, point, 1/4 turn jazz box cross

1-2&3-4 Step right to right side, step left behind right, step right to right side, step left across right,

point right to right side

5-6-7-8 Cross right across left, step back on the left, step right to right side making ½ turn right

(03:00), cross left over right