Brightest Days



编舞者: Lisa McCammon (USA) - June 2016

音乐: H.O.L.Y. - Florida Georgia Line



Alternate tracks: -

Way Down We Go by Kaleo (80 bpm); Old Tears by Ilse De Lange (76 bpm)

Start dancing slightly before lyrics at about :36 Counterclockwise rotation; Start weight on L

NC BASIC R, SIDE-BEHIND-SIDE-CROSS, NC BASIC L, SIDE, LOW HITCH

1, 2& Step R to side, rock back L, cross R

3&4& Step L to side, step R behind, step L to side, cross R

5, 6& Step L to side, rock back R, cross L

7-8 Step R to side, low hitch L (styling: keep L foot snug behind lower R calf)

Easier option for 7-8: Step R to side, touch L home

NC BASIC L, SIDE-BEHIND-SIDE-CROSS, NC BASIC R, SIDE, LOW HITCH

1, 2& Step L to side, rock back R, cross L

3&4& Step R to side, step L behind, step R to side, cross L

5, 6& Step R to side, rock back L, cross R

7-8 Step L to side, low hitch R (styling as above, or touch R home)

R SCISSOR, L SCISSOR, SIDE-CLOSE-TURN RIGHT 1/4, STEP, TURN RIGHT 1/4

1&2 Step R to side, close L (instep to R heel), cross R

3&4 Step L to side, close R (instep to L heel), cross L **RESTART Step R to side, close L, turn right ¼ [3] stepping forward R

7-8 Step forward L, turn right ¼ [6] (weight R)

CROSS ROCK-RECOVER-&-CROSS ROCK-RECOVER-&-STEP, TURN 1/4, CROSS-&-CROSS

Cross rock L, recover R, step L to side
R, recover L, step R to side
Step forward L, turn right ¼ [9] (weight R)

7&8 Cross L, step R to side, cross L

RESTART during 6th repetition at [9]. Listen to him singing "ecstaseeeeeee," then restart on "holy."

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