Paradise



拍数: 32 **墙数:** 4 **级数:** Improver

编舞者: Laura Bartolomei (FR) - June 2016 音乐: Paradise (feat. Cris Cab) - Nehuda



1 - 61 Side, 1 1 - 2& 3 - 4& 5 & 6 7 & 8 &	Mambo back, Side, Mambo back, Mambo forward, Coasterstep ½ turn□ Step R to R, Rock L behind R, Recover□12:00 Step L to L, Rock R behind L, Recover□12:00 Rock R forward, Recover, Step R back □12:00 Step L back, Step R together with L, Step L forward, Make ½ turn R (end weight on R)□06:00
[9 – 16]□Lock	step, Mambo 2x, Weave, Sway 2x□
1 & 2	Step L forward, Lock R behind L, Step L forward □ 06:00
3 & 4&	Rock R forward, Recover, Rock R to R, Recover □ 06:00
5 & 6	Cross R behind L, Step L to L, Cross R over L□06:00
7 – 8	Step L to L swaying hips to L, Step R to R swaying hips to R□06:00
	ss, Point, Sailorpoint ¾ turn, Point, ½ turn, Hip round ½ turn, Bump□
1 – 2	Cross L over R, Point R to R□06:00
1 – 2 3&4	Cross L over R, Point R to R \square 06:00 Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼ R \square 03:00
	Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼
3&4	Cross R behind L turning $\frac{1}{4}$ R, Step L slightly L turning $\frac{1}{4}$ R, Point R forward turning $\frac{1}{4}$ R \square 03:00
3&4 5 – 6 7 – 8	Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼ R □ 03:00 Point R back, Turn ½ R (keep weight on L) □ 09:00
3&4 5 – 6 7 – 8	Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼ R□03:00 Point R back, Turn ½ R (keep weight on L)□09:00 Turn ½ L making a circle with hips from L to R, Bump L hip touching L forward□03:00
3&4 5 - 6 7 - 8 [25 - 32]□¾ tu	Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼ R□03:00 Point R back, Turn ½ R (keep weight on L)□09:00 Turn ½ L making a circle with hips from L to R, Bump L hip touching L forward□03:00 urn Sweep, Cross, Mambo cross, Step 3x, Out out, In in ¼ turn□
3&4 5 - 6 7 - 8 [25 - 32]□¾ to 1 - 2	Cross R behind L turning ¼ R, Step L slightly L turning ¼ R, Point R forward turning ¼ R□03:00 Point R back, Turn ½ R (keep weight on L)□09:00 Turn ½ L making a circle with hips from L to R, Bump L hip touching L forward□03:00 urn Sweep, Cross, Mambo cross, Step 3x, Out out, In in ¼ turn□ Step L down with ¾ turn R making sweep with R (front to back), Cross R behind L□12:00

Start again!□□

Restart: ☐In the 3rd wall : after count 16 Hip sways ☐

& Step L together with R□12:00