Hypnosis



编舞者: Silvia Schill (DE) - April 2016

音乐: Hypnotizing - Hayden Panettiere: (Album: The Music of Nashville: Season 1,

Vol.2)



The dance begins with the singing (2+2 wall)

Side, Drag, Rock Back, Rock Forward, Chassé Turning 1/4 L

Great step with RF to right side, use LF next to the RF
And step back LF, RF slightly up, weight back on RF
Step LF forward, RF slightly up, weight back on RF

7&8 Step LF to left side, ¼ turn left, RF beside LF, step LF to left side (9 o'clock)

Cross, Point R + L, Rock Across Turning 1/4 R, Chassé

1-2 Cross RF over LF, touch left toe on left side,3-4 Cross LF over RF, touch right toe on right side.

*1. Restart in the 3rd passage (9 o'clock), on "4" touch RF beside LF and start again from the beginning ***3. Restart in the 8th passage (12 o'clock), on "4" touch RF beside LF and start again from the beginning

5-6 Cross RF over LF, LF slightly up, ¼ turn right, weight back on LF(12 o'clock)

7&8 Step RF to right side, LF beside RF, step RF to right side

**2. Restart in the 5th passage (3 o'clock), '7&8' replace by '7-8', break up and start all over

7-8 Step RF to right side, LF beside RF, weight back on LF

Rocking Chair, Step, Pivot 1/4 R, Shuffle Across

1-2	Step LF forward, RF slightly up, weight back on RF
3-4	Step back LF, RF slightly up, weight back on RF

5-6 Step LF forward, ¼ turn right onto ball, weight back on RF (3 o'clock)

7&8 Cross LF over RF, step RF to heel LF, cross LF over RF

1/4 Turn L/Toe Strut Back, 1/2 Turn L/Toe Strut Forward, Rocking Chair

1-2 ½ turn left on LF, RF step back, tap toe, settle heel and snap

3-4 ½ turn left on RF, LFstep forward, tap toe, settle heel and snap (12 o'clock)

5-6 Step RF forward, LF slightly up, weight back on LF7-8 Step back LF, LF slightly up, weight back on LF

Start again...and happy dancing!

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