

Mom

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Joshua Talbot (AUS) - June 2016
音乐: Mom (feat. Kelli Trainor) - Meghan Trainor : (Album: Thank You - iTunes)



[1-8] □ DIAMOND TOUCHES

- 1 2 1/8 Turn R to face 1.30 o'clock step R FWD, touch L beside R
3 4 ¼ turn R to face 4.30 o'clock step L back, touch R next to L
5 6 ¼ turn R to face 7.30 o'clock step R fwd, touch L beside R
7 8 ¼ turn R to 9.30 o'clock step L back, touch R beside L

[9-16] □ DIAGONAL BACK, TOGETHER, BACK, TOUCH, 1/8 SIDE, TOGETHER, 1/8 FWD SCUFF

- 1 2 3 4 Straighten to 12 o'clock step R back to R diagonal, step L tog, step R back to R diagonal, touch L beside R
5 6 7 Turn body L to face 9.30 o'clock step L to L (towards 7.30pm), step R beside L, turn L to face 7.30pm step L fwd,
8 Scuff R beside L

[17-24] □ SIDE ROCK, CROSS ROCK, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 4 Straighten up to 6 o'clock rock R to R, replace weight L, cross rock R over L, replace weight L
5 6 7&8 Rock R to R, replace weight L, cross step R over L, step L to L, cross step R over L

[25-32] □ VINE L, SIDE ROCK, CROSS SHUFFLE

- 1 2 3 4 Step L to L, step R behind L, step L to L, step R over L
5 6 7 8 Rock L to L, replace weight R, cross step L over R, step R to R, cross L over R*

[33-40] □ SYNCOPATED EXTENDED VINE ROCK BACK REPLACE KICK BALL CROSS

- &1&2&3 Step R to R, step L behind R, step R to R, step L cross R, step R to R, step L behind R
&4&5 6 Step R to R, step L cross R, step R to R, rock L back, replace weight R
7&8 Kick L to L side, step L next to R, step R over L

(Helpful Tip: During the syncopated vine, stay on the balls of your feet to help you move quicker)

(Easier option: Do counts '&1' then continue with a standard vine with no & counts till count 5 then continue with the dance)

[41-48] □ DRAG FLICK, SHUFFLE FWD, DRAG HOOK, SHUFFLE FWD

- 1 2 ¼ turn R step L back, drag R toward L slightly flicking R back as it closes in on L
3&4 Step R fwd, step L together, step R fwd
5 6 ½ turn R step L back, drag R towards L as you make a ¼ R and making a slight hook in front of L**
7&8 Step R fwd, step L together, Step R fwd

[49-56] □ SYNCOPATED EXTENDED VINE ROCK BACK REPLACE KICK BALL CROSS

- &1&2&3 ¼ turn R Step L to L, step R behind L, step L to L, step R cross L, step L to L, step R behind L
&4&5 6 Step L to L, step R cross L, step L to L, rock R back, replace weight L
7&8 Kick R to R side, step R next to L, step L over R

(Helpful Tip: During the syncopated vine, stay on the balls of your feet to help you move quicker)

(Easier option: Do counts '&1' then continue with a standard vine with no & counts till count 5 then continue with the dance)

[57-64] □ SIDE TOUCH, SIDE TOUCH, HIPS X4

- 1 2 3 4 Step R to R, touch L next to R, ¼ turn L step L fwd, touch R next L,

5 6 7 8 Step R to R & bump hips R, L R, L
[64] counts

Restarts:-

Wall 2*: Dance to count 32 and start at 12 o'clock

Wall 5**: Dance to count 46, then replace the shuffle fwd with 2 walks-R L and start again to 6 o'clock

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