Just A Reason

拍数: 32

Note: Start after 16 Counts Intro

1

2&3

4-5

6&7

8-1

级数: Intermediate

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Step right to right side

音乐: Just Give Me a Reason - P!nk

Step left forward, recover onto right [10-17] 1 ½ Triple Full Turn Left, Walks Forward, Mambo Step, ½ Turn Left, Step Forward Make a ½ turn left and step left forward, make a ½ turn left and step right back, make a ½ 2&3 turn left and step□left forward Option: You can change the 1 1/2 Triple Full Turn into a 1/2 Shuffle Turn Left (2&3)□(Make a ¼ turn left and step left to left side, step right together, make a ¼ turn left and step left forward) 4-5 Step right forward, step left forward 6&7 Step right forward, recover onto left, step right back 8-1 Make a ¹/₂ turn left and step forward on left, step right forward [18-25] Mambo Step, Sweep Behind, ¼ Left, ½ Step Turn Left, ¼ Turn Left, Rock Step 2&3 Step left forward, recover onto right, step left back 4-5 Sweep right out and step right behind left, make a 1/4 turn left and step left forward

- 6&7 Step right forward, make a 1/2 left and recover weight onto left, make a 1/4 turn left and step
- right to right side 8-1 Recover weight onto left, recover weight onto right and sweep left out from front to back

[26-32] ¼ Sailor Turn Left, ½ Step Turn Left, ½ Triple Turn Left, ¼ Turn Left

- Make a ¼ turn left and step left behind right, step right to right side, step left slightly forward 2&3 4-5 Step right forward, make a ¹/₂ turn left and recover weight onto left
- 6&7 Make a ¼ turn left and step right to right side, step left across right, make a ¼ turn left and step right back
- 8 Make a 1/4 turn left and step left to left side

... start again

TAG 1: After the 3rd wall add the following counts then restart

- 1-2 Recover weight onto right, recover weight onto left
- 3-4 Recover weight onto right, recover weight onto left

TAG 2: After the 5th wall add the following counts then restart

- 1 Step right to right side
- 2&3 Step left behind right, step right to right side, step left across right
- 4-5 Step right to right side, recover onto left
- 6&7 Step right behind left, step left to left side, step right across left
- 8 Step left to left side

TAG 3: After the 7th wall add the following counts then restart

1-2 Recover weight onto right, recover weight onto left





墙数:4

Step right to right side, recover onto left

[1-9] Step Side, Behind Side Cross, Side Rock, Behind Turn Step (1/4 Left), Rock Step

Step left behind right, step right to right side, step left across right

Step right behind left, make a 1/4 turn left and step left forward, step right forward

- 3-4 Recover weight onto right, recover weight onto left
- 5-6 Step right out to right diagonal, step left out to left diagonal
- 7-8 Step right back to the center, step left together

Note: Arm movements for counts 5-8

- 5-6 Bring your arms out forward right, left
- 7-8 Bring your arms across together your upper body like hug someone \Box