拍数： 48
壇数： 0
级数：Phrased Advanced
编舞者：Linda McCormack（UK）－June 2016
音乐：Tears（feat．Louisa Johnson）－Clean Bandit

| Tag：step fwd LF（1）；step slightly fwd on RF（2）；touch LF next to $R(\&)$ ；hold（ 3,4 ）weight stays on RF to <br> Restart with B on LF <br> Notes：start after 32 counts，sequence－Intro，A，B，B，B，B，A，A，B，Tag，B，A，A，B |  |
| :---: | :---: |
|  |  |
| Intro： 16 counts <br> ［1－8］$R$ nightclub basic， $3 / 4$ turn $R$ ，walk $x 2$ ，rock fwd，recover，back， $1 / 4$ with $L$ rock，sway $x 2$ ． |  |
|  |  |
| 1，2\＆ | Step RF to $R$ side（1）；step ball of LF behind $R(2)$ ；recover weight forward on the RF and slightly crossing L（\＆）； |
| 3，4\＆ | $1 / 4$ turn $R$ stepping back on the LF（3）； $1 / 2$ turn $R$ stepping fwd on the RF（4）；step fwd on the LF（\＆）； |
| 5，6\＆ | Rock fwd on the RF（5）；recover weight back onto the LF（6）；step back on the RF（\＆）； |
| 7，8\＆ | $1 / 4$ turn $L$ stepping $L F$ to $L$ side（7）；sway $R$ taking weight onto $R F$（8）；sway $L$ taking weight onto LF（\＆）； |
| ［9－16］$R$ nightclub basic， $3 / 4$ turn $R$ ，walk $\times 2$ ，rock fwd，recover，back， $1 / 4$ with $L$ rock，sailor fwd． |  |
| 1，2\＆ | Step RF to $R$ side（1）；step ball of LF behind $R(2)$ ；recover weight forward on the RF and slightly crossing L（\＆）； |
| 3，4\＆ | $1 / 4$ turn $R$ stepping back on the LF（3）； $1 / 2$ turn $R$ stepping fwd on the RF（4）；step fwd on the LF（\＆）； |
| 5，6\＆ | Rock fwd on the RF（5）；recover weight back onto the LF（6）；step back on the RF（\＆）； |
| 7，8\＆a | $1 / 4$ turn $L$ stepping $L F$ to $L$ side（7）；Cross RF behind $L$（8）；step LF to $L$ side（\＆）；step fwd on the RF（a）； |

## Part A： 16 counts

［1－7］Step with a hitch，step，L fwd mambo，sweep，R sailor step，behind，side， $1 / 4$ heel swivels，cross，step with a sweep．

| 1，2\＆a3 | Step fwd on LF with a R hitch（1）；step down on RF（2）；rock fwd on LF（\＆）；step back on RF （a）；step LF slightly behind $R$ and sweep $R F$ round $L$（3）； |
| :---: | :---: |
| 4\＆a | Cross RF behind $L$（4）；rock LF to $L$ side（\＆）；recover weight to RF（a）； |
| 5\＆ | Cross LF behind $R$（5）；step RF to $R$ side（\＆）； |
| 6\＆a7 | Swivel $L$ heel to $R(6)$ ；swivel $R$ heel to $R$（making a $1 / 4$ turn to the $L$ ）（\＆）；cross rock LF over $R$ （a）；as you recover on the RF sweep LF around $R$（7）； |

［8－16\＆a］Behind，side，cross with a sweep，cross，side，behind sweep 1／8th，Rock fwd，back，back with cross hitch，step，fwd $1 / 2$ turn pivot step， $3 / 8$ th turn sweep，$R$ sailor fwd
8\＆1 Cross LF behind R（8）；step RF to $R$ side（\＆）；cross LF over $R$ while sweeping RF over L（1）；
2\＆3
Cross RF over L（2）；step LF to $L$ side（\＆）；cross RF behind L whilst sweeping LF 1／8th（7．30 wall）tracing circle on floor（should finish with ball of LF touched next to R（3）；
4\＆5\＆Step weight fwd on LF（4）；step back on RF（\＆）；step back on LF as you hitch cross the RF heel across the $L$ shin（5）；step weight forward on RF（\＆）；
6\＆7 Step fwd LF（6）； $1 / 2$ turn R stepping fwd on the RF（\＆）；3／8th turn R（to face 6.00 wall） stepping back on the LF and sweeping RF behind $\mathrm{L}(7)$ ；
8\＆a1 Cross RF behind L（8）；step LF to L side（\＆）；step fwd on the RF（a）；
Count 1 will either be the $L$ step forward of part $A$ or the diagonal step forward on the $L F$ of part $B$
Part B： 32 counts
［1－8］Dorothy steps $\times 2$（L，R），fwd rock，recover，walks back x3（L，R，L）
1，2\＆Step LF to the $L$ diagonal（1）；cross RF behind $L$（2）；step LF to $L$ diagonal（\＆）；
$3,4 \& \quad$ Step RF to the $R$ diagonal（3）；cross LF behind $L$（4）；step RF to $R$ diagonal（\＆）；

5,6 L rock forward (5); recover weight back onto RF (6);
\&7,8 Step back on LF (\&); step back on RF (7); step back on the LF (8);
[9-16] Large step back, together, walk x2, fwd rock, recover, out, out, in, in (travelling back.)
$1,2 \& 3,4 \quad$ Large step back on RF (1,2); step LF together with RF (\&); walk R (3); walk L (4);
5,6 Rock forward RF (5); recover weight back onto LF (6);
\&7\&8 Travelling backwards step RF out to R diagonal (\&); step LF out to L diagonal (7); step RF in (\&); step LF in (8);
[17-24] Touch fwd, heel swivel, step together, 1/8th $L$ with rocking chair.
$1,2,3,4 \quad$ Touch ball of RF forward (1); twist $R$ heel out (2); twist $R$ heel in (3); step RF together with $L$ (4);

5,6,7,8 Into the L diagonal rock forward on LF (4.30 wall) (5); recover weight back onto RF (6); rock back on the LF (7); recover weight forward onto the RF (8);
[25-32] 1/8th step fwd R, touch $L$, $1 / 4$ side, cross behind, step side, point, $11 / 4$ turn.
1,2 1 /8th turn $L$ (to 3.00 wall) step forward on LF (1); touch $R$ toe next to $L F(2)$;
$3,41 \quad / 4$ turn $L$ (to 12.00 wall) stepping $R F$ to $R$ side (3); cross LF behind $R(4)$;
$5,6,7,8 \quad$ Step $R F$ to $R$ side (5); point $L$ toe to $L$ side (6); $1 / 4$ turn $L$ stepping down on $L F(7) ; 1 / 2$ turn $L$ stepping back on RF (8);
Complete another $1 / 2 L$ stepping forward on $L$ for count 1 which will either be the $L$ step forward of part $A$ or the diagonal step forward on the LF of part $B$

