

Turned On

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Gaye Teather (UK) - March 2016
音乐: I Left Something Turned On At Home - Trace Adkins : (CD: The Definite Greatest Hits - Til The Last Shot's Fired)



#32 count intro. (14 secs)

Track available to download from iTunes & Amazon

Right diagonal step. Together. Bounce. Bounce. Left diagonal step. Together. Bounce. Bounce

- 1 – 2 Step Right diagonally forward Right. Step Left beside Right
- 3 – 4 Raise and lower both heels twice (Bounce. Bounce)
- 5 – 6 Step Left diagonally forward Left. Step Right beside Left
- 7 – 8 Raise and lower both heels twice (Bounce. Bounce)

Right diagonal step back. Touch. Left diagonal step back. Touch. Point side. Forward. Side. Flick

- 1 – 2 Step Right diagonally back Right. Touch Left beside Right
- 3 – 4 Step Left diagonally back Left. Touch Right beside Left
- 5 – 6 Touch Right toe to Right side. Touch Right toe forward
- 7 – 8 Touch Right toe to Right side. Flick Right foot behind Left

Vine Right. Touch. Vine Left. Brush

- 1 – 2 Step Right to Right side. Cross Left behind Right
- 3 – 4 Step Right to Right side. Touch Left beside Right
- 5 – 6 Step Left to Left side. Cross Right behind Left
- 7 – 8 Step Left to Left side. Brush Right beside Left

Stomp forward. Bounce half turn Left (x 3). Stomp. Stomp. Clap. Clap

- 1 – 2 Stomp Right foot forward. Beginning to turn Left raise and lower both heels once (Bounce)
- 3 – 4 Continuing to make half turn Left raise and lower both heels twice (Bounce. Bounce) completing half turn

(Facing 6 o'clock)(Weight ends on Left)

- 5 – 6 Stomp forward Right. Stomp Left beside Right
- 7 – 8 Clap hands twice

Note: A little bit of styling for fun: During the half turn heel bounces hold both arms out to sides, dip knees, shimmy shoulders or give it your best aeroplane impression!!

Start again