

You Won't Be Lonely

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Jonathan YANG (FR) - June 2016
音乐: Lonely Girl - Charles Kelley : (Album: The Driver - , iTunes)



Sequence: A.B.B.TAG.A.B.B.TAG.B.B.B.TAG.B.TAG

Start the dance after 16 counts

PART A – 16 counts

A1: SIDE ROCK MAMBO, SIDE TOUCH, HOLD, TOGETHER, ROCK STEP FORWARD, SIDE TOUCH, DRAG, TOGETHER

1&2 rock RF to R side, recover on LF to L side - step RF next to LF
&3 touch L point to L side, hold
4 step LF next to RF
5& rock RF forward, recover on LF backward
6 touch R point to R side
7.8 drag RF to LF (weight on RF)

A2: SIDE ROCK MAMBO, SIDE TOUCH, HOLD, TOGETHER, ROCK STEP FORWARD, SIDE TOUCH, DRAG, TOGETHER

1&2 rock LF to L side, recover on F to L side - step LF next to RF
&3 touch R point to R side, hold
4 step RF next to LF
5& rock LF forward, recover on RF backward
6 touch L point to L side
7.8 drag LF to RF (weight on LF, lightly forward)

PART B – 33 counts

B1: STEP 1/2 TURN, SHUFFLE FORWARD, ROCK FORWARD, 1/2 TURN, 1/4 TURN

1.2 step RF forward, turn 1/2 to L (weight on LF)
3&4 shuffle R forward: R-L-R
5.6 rock LF forward, recover on RF backward
7.8 turn 1/2 to L stepping LF forward, turn 1/4 to L stepping RF to R side

B2: 1/4 TURN BEHIND SIDE CROSS, HOLD, 1/4 TURN SIDE CROSS, SWAY X3, TOGETHER, STEP FORWARD

1&2 turn 1/4 L making behind side cross to R side: L-R-L
3&4 hold (3), turn 1/4 L stepping RF to R side (&), cross LF over RF (4)
5.6 step RF with sway to R side, recover on LF with sway to L side
7&8 recover RF with sway to R side (7)- step LF next to RF (&) - step RF forward (8)

B3: ROCK FORWARD, COASTER STEP, STEP 1/2 TURN, KICK BALL CROSS 1/4 TURN

1.2 rock LF forward, recover on RF backward
3&4 coaster step L: L-R-L
5.6 step RF forward, turn 1/2 to L (weight on LF)
7&8 kick RF forward, step RF next to LF, turn 1/4 to L crossing LF over RF (lightly bend both knees)

B4: SIDE STEP, HOLD, BALL CROSS, 1/4 TURN SHUFFLE FWD, 1/4 TURN STEP FWD, 1/4 TURN SHUFFLE FWD

1.2 (push on LF) step RF to R side, hold
&3 step LF next to RF, cross LF over RF
4&5 turn 1/4 L shuffling L forward: L-R-L

6 turn 1/4 L stepping RF forward
7&8 turn 1/4 L shuffling L forward: L-R-L

TAG at the end of walls (2, 4 & 7) make the following 4 counts:

RIGHT ROCKING CHAIR

1.2 rock RF forward, recover on LF backward
3.4 rock RF backward, recover on LF forward

**Dance taught during the 1st Country festival in Contigné (49, FR) the 25th & 26th June 2016, organised by
THOMAS RANCH**
