

Frankie Fever

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Improver
编舞者: Maddison Glover (AUS) - June 2016
音乐: Let's Hang On - Frankie Valli & The Four Seasons



Dance begins 16 counts after the strong beat begins

Step Forward, Scuff, Shuffle Forward, Rock, Replace, ½ Turning Shuffle

1,2,3&4 Step fwd on R, scuff L fwd, step L fwd, step R together, step L fwd
5,6,7 Rock R fwd, replace weight back on L, turn ¼ R stepping R to R side,
&8 Step L together, turn ¼ R stepping R fwd 6:00

¼ Side, Touch, ¼ Back, Together (repeat)

1,2 Turn ¼ R stepping L to L side, touch R beside L (on the touch, raise L arm up as you click) 9:00
3,4 Turn ¼ L stepping back on R, step L together, 6:00
5,6 Turn ¼ L stepping R to R side, touch L beside R (on the touch, raise R arm up as you click) 3:00
7,8 Turn ¼ R stepping back on L, step R together 6:00

Note: For above, don't turn your head with your body, keep it at 6:00 and think Motown □ □

Figure 8 Weave: Side, Behind, ¼ Forward, Step ½ Pivot, ¼ Side, Behind, ¼ Forward

1,2,3,4 Step L to L, step R behind, turn ¼ L stepping fwd on L, step fwd on R 3:00
5,6,7 Pivot ½ over L finishing with weights on L, turn ¼ L stepping R to R, step L behind
8 Turn ¼ R stepping R fwd 9:00

Point, Cross, Point, Cross, Point, Cross, Back, Together

1,2,3 Point L to L side, cross L slightly fwd/ over R, point R to R side
4,5,6 Cross R slightly fwd/ over L, point L to L side, cross L slightly fwd/ over R
7,8 Step R back, step L together

March on the Spot x4 (up, down, up, down), Rocking Chair

1,2,3,4 March on the spot: Step R together, Step L together, Step R together, Step L together
Note: as you are completing the above 4 counts, you will be altering levels: Rise up (1), down (2), up (3), down (4) whilst keeping the left leg straight: Imagine your left leg being stiff/ wooden.
5,6,7,8 Rock R fwd, rock back on L, rock back on R, rock/ replace weight fwd on L

Optional: For counts 33-36: ONE, TWO your left arm (clenched in a fist) will wrap around your tummy, whilst your right arm wraps around your back, sitting on top of your belt.

For counts THREE, FOUR your right arm (clenched in a fist) will wrap around your tummy, whilst your left arm wraps around your back, sitting on top of your belt.

During the fifth sequence, you will begin the dance facing 12:00. Dance up to count 32 and restart facing 9:00.

To finish the dance, you will be facing 9:00. As the music fades out, toe/heel strut off the dance floor whilst clicking fingers (swing hands low, from right to left)

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