

编舞者: Lynn Card (USA) - July 2016 音乐: Cake by the Ocean - DNCE



SECTION 1: SIDE ROCK, RECOVER, BALL STEP, SIDE ROCK, RECOVER, BALL STEP, TOUCH, STEP, TOUCH

1,2&3,4 Rock R to right side, Recover L center, Ball step R next to L, Rock L to left side, Recover R

center

&5,6,7,8 Ball step L next to R, Step R to right side, Touch L next to R, Step L to left side, Touch R next

to L

SECTION 2: ROCK FORWARD, RECOVER, STEP, HEEL TOUCH, CLAP, ROCK FORWARD, RECOVER, STEP, HEEL TOUCH, CLAP CLAP

1,2&3,4 Rock R forward, Recover back on L, Step R next to L, Touch L heel forward to slight left

diagonal, Clap

&5,6&7&8 Ball step L next to R, Rock R forward, Recover back on L, Step R next to L, Touch L heel

forward to slight left diagonal, Clap, Clap

SECTION 3: BALL STEP, JAZZ BOX 1/4 TURN TO RIGHT, JAZZ BOX 1/4 TURN TO RIGHT

&1,2,3,4 Step L next to R, Cross R over L, Step L back, Turn 1/4 to right stepping R to right, Step L

forward

5,6,7,8 Cross R over L, Step L back, Turn ¼ to right stepping R to right side, Step L forward

SECTION 4: KICK BALL STEP X2 ON RIGHT, RIGHT TOE STRUT, 1/4 TURN TO LEFT WITH LEFT TOE STRUT

1&2,3&4 Kick R forward, Replace R next to L, Step L next to R, Kick R forward, Replace R next to L,

Step L next to R

5,6,7,8 Touch R toe forward, Put R heel down, Turn ¼ turn to left touching L toe forward, Put L heel

down

Restart on Wall 5 after first 8 counts facing 12 o'clock

Ending: You may hear another place in the song for a restart other than Wall 5, please ignore that and keep dancing.

The dance will then end facing 12 o'clock on the double clap in Section 2.

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