

Is it Lonely Where Your Heart Is

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate NC2
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - May 2016
音乐: Is It Lonely Where Your Heart Is - Johnny Reid



Start 8 counts after beat kicks in on word "lonely" 12 secs into song – 138bpm

[1-8] R side, L behind-side-cross, R side rock/¼ L recover, R fwd, L fwd, ½ R pivot turn, L fwd, L full turn fwd

1, 2&3 Step R side, cross step L behind R, step R side, cross step L over R
4&5 Rock R side, recover weight on left turning ¼ left, step R forward (9 o'clock)
6&7 Step L forward, pivot ½ right step L forward (3 o'clock)
&8& Turning ½ left step R back, turning ½ left step L forward, step R forward (3 o'clock)

Non-turning option travel forward R, L, R

[9-17] L cross rock/recover, L together, R cross rock/recover, R ball cross, ½ L hinge turn, L box step fwd

1-2& Cross rock L over R, recover weight on R, step L together
3-4& Cross rock R over L, recover weight on L, step R back
5 Cross step L over R
6&7 Turning ¼ left step R back, turning ¼ left step L side, cross step R over L (9 o'clock)

TAG/RESTART WALLS 3 & 7 Add 1 count tag and restart the dance facing R side wall

TAG: Step L to left and sway

8&1 Step L side, step R together, step L forward

[18-25] R scissor, L scissor, R box step back, L back, R touch, R fwd

2&3 Step R side, step L together, cross step R over L
4&5 Step L side, step R together, cross step L over R
6&7 Step R side, step L together, step R back

ENDING: WALL 9 Dance up to 6&, on 7 turn ¼ right & step R side. Hold.

8&1 Step L back, touch R together, step R forward

[26-32] Brush & step L fwd, brush & sway R, sway L, R NC basic, ¼ L step L fwd, ½ L pivot turn, ¼ L step R side

&2 Brush & step L forward
&3-4 Brush right through and sway R as you step R to right side, sway L

RESTART WALL 1: Facing L side restart the dance

RESTART WALL 4: Facing front wall restart the dance

5-6& Step R side, rock L back, recover weight on R
7-8& ¼ left step L forward, step R fwd, pivot ½ L step L forward, turn ¼ left to start the dance again
(in other words the last ¼ turn is executed at the same time as you step side right, there is no count for it as such as it is really count 1 of the dance)

Non-turning option: NC basic L

Contact ~ Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website:
www.thedancefactoryuk.co.uk