

80s Model

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Chris Watson (AUS) - July 2016
音乐: 80s Mercedes - Maren Morris : (Album: Hero)



****4 Restarts

Cross front, side, behind, Cross Rock & Cross Rock & Pivot & Pivot .

1&2&3,4 Cross R over L, step L to L side , step R behind L , Cross rock R over L , replace weight back onto L

&5,6,&7&8& Step R together and cross rock L over R, replace weight back onto R , step L together and step forward onto r pivot paddle turn ½ over L taking weight onto L, step forward onto r pivot paddle turn ½ over L taking weight onto L,

Step Rock, Replace , Step back X 2 , , Back Lock Step, ¼ Turn Rock/Point, ½ Turn Sweep.

1,2,&3,4 Step forward onto R, rock forward onto L, replace weight onto R, step back L, R

5&6,7,8 Step L foot back, cross R over L, step L foot back, ¼ turn R stepping R to R side while simultaneously pointing L toe to L side (3 O'clock) , ½ turn L stepping L into place and sweep R toe around (9 O'Clock) *

Step sweep, Cross , Rock, Rock, Cross, Rock , Rock , Cross Step Back , Coaster Step.

1&2&3&4 Cross R over L, rock L to L side, replace weight onto R , cross L over R, Rock R to R side , replace weight onto L, cross R over L.

5,6,7&8 Step back L,R, step L foot back, step R foot together with L ,step L foot forward. **

Lock Step, ¼ turn cross, side, behind, ¼ forward , Pivot ½ Step.

1&2,3&4 Step R foot forward, lock L behind R, step R foot forward. Step L foot forward ¼ pivot right taking weight onto R, cross L over R. (12 O'Clock)

5&6,7&8 Step R to R Side, step L behind R, making a ¼ turn R step forward onto R (3 O'Clock) , Step L foot forward , Pivot ½ turn taking weight onto R , step forward onto L sweeping R toe from behind to front.

[32] 32 Counts Re Start Dance at 9 O Clock Wall

*Restarts:

Wall 2 & 6 – Dance to count 16 then Restart dance at 6 O Clock wall.

Wall 4 – Dance to count 24 then Restart dance at 12 O'Clock wall

Wall 9 – Dance the first 8 counts and Restart the dance at 12 O'Clock

Don't let them scare you!

Remember to smile, enjoy the song & dance! Thank you to my wife Gemma for suggesting this song to me.

Contact: www.dare2dance.org - 0404 170 276 - www.mayworth.com.au

Last Update – 11th Aug 2016