

Pure & Simple

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Julie Carr (UK) - August 2016
音乐: Pure and Simple - Dolly Parton : (Single - iTunes)



No Tags, No Restarts.

Section 1 side ROCK BACK RECOVER X 2 WALKS X2, 1/4 TURN RIGHT

1 - 2 & Step L to L , rock back on Right . recover on L
3-4 & Step R to R , Rock back on L recover on R .
5-6 Prizzy walks, forward Left, Right .
7&8 Step forward on L make a 1/4 turn right, as you step side R, step forward on L (3 oclock)

SECTION 2 RUMBA BOX , MAMBO R 1/2 TURN , HIPS BUMP S X 3 .

1&2 Step Right to R, L next to R , step back on R.
3&4 Step Left to Left , Right to Left, Step forward on L.
5&6 Rock forward on R recover back on Left , turn R stepping forward on R as you make a 1/2 turn R (9 oclock)
7&8 Side hip bumps left right left (Weight on Left)

SECTION 3 R FORWARD MAMBO ,WALK BACK x2, COASTER STEPS x 2.

1&2 Step R forward, recover back on Left, step back on right
3-4 Step back on L, Swival R toe out ,Step back R swival L toe out.
(Optional: walk back twice)
5&6 Left coaster step, Back on L, R together, step forward on L
7&8 Right Coaster step . Back on R, Left together, forward on R

SECTION 4. MODIFIED LEFT JAZZ BOX WITH L CHASSE. CROSS ROCK ,3/4 TRIPLE TURN

1-2 Cross Step L over R , step back on R,
3&4 L side chasse. Stepping to L, Left, right left, (L side together side)
5-6 Cross rock R over L , on Diagnal , recover back on L
7&8 3/4 Triple turn R . Stepping R L R ,turn R 6 Oclock.

**Discover The Magic of Dance
with Julie Carr.
Enjoy x**