If I Ever Lost You



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Jef Camps (BEL) - August 2016

音乐: Riot - Sara Haze



Info: ☐ 16 count intro

Choreographed for Summer Dance event hosted by WIL BOS (The Netherlands)

NC BASIC, SIDE, BEHIND, 1/4 TURN FWD, FULL TURN, SWEEP, CROSS, BACK, BACK, CROSS, 1/2 TURN

1-2& RF big step side, LF close behind RF, RF cross over LF

LF step side, RF cross behind LF, ¼ turn L & LF step fwd, ½ turn L & RF step back 5-6& ½ turn L & LF step fwd while sweeping RF fwd, RF cross over LF, LF step diag. bwd

7& RF step diag, bwd, LF cross over RF

8& ¼ turn L & RF step back, ¼ turn L & LF step fwd

STEP FWD, STEP, ¾ PIVOT, SIDE, PART OF A DIAMOND, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, ¼ TURN STEP

1-2& RF step fwd, LF step fwd, make ³/₄ turn R

3-4& LF big step side, 1/8 turn R & RF step back, LF step back5-6& 1/8 turn R & RF big step side, LF cross over RF, recover on RF

7&8& LF rock side, RF recover, LF cross behind RF, ¼ turn R & RF step fwd

STEP FWD, STEP, ½ PIVOT, STEP FWD, ¼ TURN STEP SIDE, BEHIND, ¼ TURN STEP FWD, SWEEP, CROSS, ¼ TURN, SIDE, CROSS ROCK, RECOVER

1-2& LF step fwd, RF step fwd, make ½ turn L putting weight on LF 3-4& RF step fwd, ¼ turn R & LF step side, RF cross behind LF

5 ½ turn L & LF step fwd while sweeping RF fwd

6&7 RF cross over LF, LF step back, ¼ turn R & RF step side

8& LF cross over RF, recover on RF

HALF OF A DIAMOND, CROSS ROCK, RECOVER, ¼ TURN STEP, STEP, ¾ SPIRAL

1-2& LF big step side, 1/8 turn L & LF step fwd, RF step fwd

3-4& 1/8 turn L & RF big step side, 1/8 turn L & LF step back, RF step back

5 1/8 turn L & LF big step side

6&7 RF cross over LF, recover on LF, ¼ turn R & RF step fwd

8& LF step fwd, make ¾ turn R on your LF while hooking RF in front of LF

Have fun!

Restart: in wall 3 you'll have to dance until count 6& of the second section (count14&) and add following steps to restart the dance at 12:00

7-8& 1/4 turn L & LF step fwd, RF step fwd, make 1/2 turn L putting weight on LF

Tag: after wall 6, the music slows down, just add a 2 count tag

1-2 RF step side while swaying R, sway L putting weight on LF