Sundown Story



拍数: 48 墙数: 4 级数: High Improver

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音乐: Sundown - Gordon Lightfoot



Start on vocals

S.1: □SIDE, ROCK BACK, RECOVER, SIDE, BEHIND, SIDE, CROSS, SIDE, BEHIND, STEP

1,2,3,4 Step R to right side, cross L behind R, step R across L, step L to left side,

5,6 Cross R behind L, step L to left side,

7&8& Step R across L, step L to left side, cross R behind L, step L to left side [12.00]

S.2: TOUCH, LIFT & DROP HEELS, COASTER STEP, ROCK, RECOVER, SHUFFLE 3/4 LEFT

1&2 Touch R in place, lift both heels, drop heels in place [weight to L],

3&4 Step R back, step L next to R, step R fwd,

RESTART HERE DURING WALLS 3 & 6

5,6 Rock L fwd, recover R back,

7&8 Step L fwd making a ¼ turn left, step R next to L making a ¼ turn left, [6.00] step L fwd

making a ¼ turn left [3.00]

S.3: \square DIAGONAL FWD, ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, FWD SHUFFLE

1,2,3 Step R to right diagonal, rock L across R, recover R back, [4.30]

4&5 Step L back, step R next to L, step L back,

6,7 Rock R back, recover L fwd,

Step R fwd, step L next to R, step R fwd [4.30]

S.4: □FWD, PADDLE 1/8 RIGHT, ROCK 1/4 RIGHT, RECOVER, CROSS, SIDE, BEHIND, POINT

2,3 Step L fwd, make a paddle turn 1/8 right, [6.00]

4&5 Rock L to left side making a ¼ turn right, recover R to right side, step L across R, [9.00]

6,7,8 Step R to right side, cross L behind R, point R to right side [9.00]

S.5: BACK, HOOK, FWD SHUFFLE, ROCK FWD, RECOVER, COASTER STEP

1,2 Step R back, hook L across R,

3&4 Step L fwd, step R next to L, step L fwd,

5,6 Rock R fwd, recover back to L,

7&8 Step R back, step L next to R, step R fwd [9.00]

S.6: ROCK FWD, RECOVER, SHUFFLE 1/4 LEFT, FWD, HOLD, DIP AND SWAY 1/4 LEFT, SWAY RIGHT

1,2 Rock L fwd, recover R back,

3&4 Step L to left side, step R next to L, step L fwd making a ¼ turn left, [6.00]

5,6 Step R fwd, hold,

7,8 Dip [bent knees] and sway right making a ¼ turn left [weight to R], [3.00] sway left

straightening up[weight to L] [3.00]

START AGAIN

TAG: □Added after wall 1, facing 3.00

1,2 Step R fwd, make a pivot turn ¼ left stepping L to left side, [12.00]

3&4 Step R fwd, make a pivot turn ¼ left stepping L to left side, touch R to L [9.00]

RESTARTS: During wall 3, facing 12.00 & wall 6, facing 6.00

Replace count 4 of sec. 2 with "touch R to L"