Daddy Lessons

级数: Newcomer



拍数: 32

编舞者: Sarah Fröhlich (DE) - August 2016

音乐: Daddy Lessons - Beyoncé

Start counting 32 counts when the heavy beat sets in!

[1-8] SLIDE, BEHIND SIDE CROSS, SCUFF, TOE STRUT RIGHT, TOE STRUT LEFT, TOE STRUT BACK, ROCK STEP, STEP

- 1,2&3 RF step side, LF cross behind RF, RF step side, LF cross over RF
- &4& RF scuff, RF step diagonal right on ball, RF heel down

墙数: 2

- 5&6& LF step diagonal left on ball, LF heel down, RF step back on ball, RF heel down
- 7&8 LF step back, recover on RF, LF step forward

[9-16] LOCK STEP, 1/2 STEP TURN STEP, FULL PIVOT TURN, STEP, LOCK STEP

- 1&2 RF step forward, LF lock behind RF, RF step forward
- 3&4 LF step forward, ½ turn to the right and recover on RF, LF step forward
- 5&6 ¹/₂ turn to the left RF step back, ¹/₂ turn to the left LF step forward, RF step forward
- 7&8 LF step forward, RF lock behind LF, LF step forward

[17-24] RUMBA BOX, COASTER STEP, LOCK STEP

- 1&2 RF step side, LF close to RF, RF step forward
- 3&4 LF step side, RF close to LF, LF step back
- 5&6 RF step back, LF close to RF, RF step forward
- 7&8 LF step forward, RF lock behind LF, LF step forward

[25-32] STEP, CLAP, TURN, CLAP, STEP, CLAP, TURN, CLAP, 2x SIDE ROCK CROSS

- 1&2& RF step forward, clap, ½ turn left recover on LF, clap
- 3&4& RF step forward, clap, ½ turn left recover on LF, clap
- 5&6 RF step side, recover on LF, RF cross over LF
- 7&8 LF step side, recover on RF, LF cross over RF

Restarts: During wall 5 and 7, after 16 counts.

Have fun and be happy!

Site: www.sarahfroehlich.de Contact: sarah.b.cheerful@gmail.com