拍数： 80
境数： 4
级数：Advanced
编舞者：Jessica Wegmann（CH）－July 2016
音乐：War－Edwin Starr ：（iTunes）

Intro ： 8 counts of drums，dance begins on vocal « War »．
［01－08］DBasic cha R，Sweep 1／8 turn，behind－side－forward，lock step，step
1－2\＆Step $R$ side，Step $L$ in place，$R$ in place
3－4\＆Step $L$ behind sweeping $R$ from front to back turning $1 / 8 R$ ，Step $R$ behind，$L$ side（1：30）
5－6 Step R forward，L lock behind
7－8 Step $R$ forward，$L$ forward
［09－16］Lock－step－forward，Lock－step－forward， $1 / 2$ turn Touch \＆touch \＆touch \＆touch
\＆1\＆2 Step $R$ forward，Lock $L$ behind，$R$ forward，$L$ forward
\＆3\＆4 Step $R$ forward，Lock $L$ behind，$R$ forward，$L$ forward
5\＆6 Sharp $1 / 2$ turn $R$（weight stays on $L$ ）touching $R$ forward，switch touching $L$ forward（7：30）
\＆7\＆8 Switch，Touch R forward，Switch，Touch L forward
［17－24］$\square$ Hips forward \＆back，press，flick $1 / 2$ turn，Step $1 / 2$ pivot， $1 / 2$ turn $1 / 2$ turn forward（or 2 turns）
1－2 Roll hips forward onto $L$ ，Roll hips back onto $R$（figure 8）
3－4 Press into $L$ forward，Pivot $1 / 2$ turn $R$ onto $R$ flicking $L$ behind
5－6 Step L forward，pivot $1 / 2$ turn $R$（7：30）
7\＆8 $\quad 1 / 2$ turn $R$ stepping $L$ back， $1 / 2$ turn $R$ stepping $R$ forward，Step $L$ forward（or 2 small turns moving to $7: 30$ ）
［25－32］Basic cha R \＆L，Paddle turn R 5／8 turn
1－2\＆Step $R$ side，Step $L$ in place，$R$ in place
3－4\＆Step $L$ side，Step $R$ in place，$L$ in place
5\＆6\＆7\＆8 $\quad 1 / 4$ turn $R$ stepping R paddle L R L R L R 3／8 turn R
［33－40］$\square$ Syncopated cross rocks L \＆R，Monterey L $1 / 2$ turn x2
1－2\＆Cross rock L over，Recover onto R，Step L to side
3－4\＆$\quad$ Cross rock R over，Recover onto L，Step R to side（9：00）
5\＆6\＆Point $L$ to side，Close $L$ to $R$ turning $1 ⁄ 2$ turn $L$ ，Point $R$ to side，Close $R$ to $L$（ $9: 00$ ）
7\＆8 Point $L$ to side，Close $L$ to $R$ turning $1 / 2$ turn $L$ ，Point $R$ to side（3：00）
［41－48］Hitch point，Hitch point，Sailor R，Skate，Skate
1－2 Hitch R，Point $R$ to side
3－4 $\quad$ Hitch R，Point $R$ to side
5\＆6 $\quad R$ behind，$L$ rock to side，$R$ slightly forward
7－8 Skate L，Skate R
［49－56］Cha cha diamond full circle counter－clockwise
1－2\＆$\quad$ Step $L \& R$ forward on diagonal（4：30），$L$ to side squaring up（6：00）
$3-4 \& \quad 1 / 8$ turn $R$ stepping back $R \& L(7: 30), R$ to side squaring up（9：00）
5－6\＆$\quad 1 / 8$ turn $R$ stepping forward $L \& R(10: 30), L$ to side squaring up to（12：00）
7－8\＆$\quad 1 / 8$ turn $R$ stepping back $R \& L(1: 30)$ ，Touch $R$ to $L$ squaring up（3：00）
［57－64］$\square$ Basic cha R \＆L，Behind sweep，Anchor step， $1 / 4$ turn，point prepare
1－2\＆Step $R$ side，Step $L$ in place，$R$ in place
3－4\＆Step $L$ side，Step $R$ in place，$L$ in place
5－6\＆Step $R$ behind sweeping $L$ from front to back，Step $L$ \＆$R$ in place
[65-72] $\square$ Step $1 / 4$, full turn \& $1 / 4$ (over 2 counts), Side, Full turn $\& 1 / 2$ (over 3 counts), Side
1-2-3 Step $1 / 4 L$ stepping $L$ forward, $1 \& 1 / 4$ turn $L$ over 2 counts (12:00)
$4 \quad$ Step down on R to side
5-6-7 $\quad 1 \& \frac{1}{2}$ turn $R$ over 3 counts (6:00)
8 Step down on $L$ to side
Option: instead of doing two full turns, you can lift heels in place:
1-2-3-4 $\quad 1 / 2$ turn to the $L$ bouncing heels up and down $4 x$ finishing with your weight on your $R$ leg dragging the $R$ around to face 12 o'clock
5-6-7-8 $\quad 1 / 2$ turn to the $R$ bouncing heels up and down $4 x$ finishing with your weight on your $L$ leg dragging the $L$ around to face 6 o'clock
[73-80] $\square$ Sailor R \& L, Paddle full turn
1\&2 $\quad R$ behind, $L$ rock to side, $R$ slightly forward
$3 \& 4 \quad L$ behind, $R$ rock to side, $L$ slightly forward
\&5\&6\&7\&8 Full paddle turning $L$ pushing off $R$ and onto $L$

## Enjoy!

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