

Dance With Your Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Diana Dawson (UK) - August 2016
音乐: Dance with Your Heart - Heartbeat : (Album: This Country We Love - iTunes)



S1: □ Right Chasse, Hitch, Left Chasse, Hitch, Crossing Samba (x2)

1&2& Step Right to Right side. Step Left next to Right. Step Right to Right Side. Hitch Left knee
3&4& Step Left to Left side. Step Right next to Left. Step Left to Left side. Hitch Right knee
5&6 Cross Rock Right over Left. Recover onto Left. Step Right to Right side
7&8 Cross Rock Left over Right. Recover onto Right. Step Left to left side

S2: □ Rock forward, Recover, Half Turn, Shuffle, Step forward, Pivot Half turn, Step forward, Shuffle

1&2 Rock forward on Right. Recover onto Left. Half turn Right stepping forward on Right [facing 6 o'clock]
3&4 Step forward on Left. Step Right next to Left. Step forward on Left.
5&6 Step forward on Right. Pivot Half turn Left. Step forward on Right [facing 12 o'clock]
7&8 Step forward on Left. Step Right next to Left. Step forward on Left.

S3: □ Side, Touch, Side, Touch, Rocking Chair, Forward, Lock, Forward, Hitch, Coaster Step

1& Step Right to right side. Touch Left beside right.
2& Step Left to Left side. Touch Right beside Left
3& Rock forward on Right. Recover back onto Left.
4& Rock back on Right. Recover forward onto Left
5&6& Step forward on Right. Lock Left up behind right. Step forward on Right. Hitch Left knee
7&8 Big step back on Left. Step Right beside Left. Step forward on Left.

S4: □ Cross & Heel (x2) (vaudevilles), Cross Shuffle. Side, Quarter turn, Step forward

1& Cross Right over Left. Step Left to Left side.
2& Dig Right Heel diagonally forward Right. Step Right beside Left
3& Cross Left over Right. Step Right to Right side.
4& Dig Left heel diagonally forward Left. Step Left beside Right
5&6 Cross Right over Left. Step Left to Left side. Cross right over Left
7&8 Step Left to Left side. Quarter turn Right stepping forward on Right. Step forward on Left

Begin Again

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