

Angels AB

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Carrie Ann Green (ES) - September 2016
音乐: Angels on My Side - Rick Astley



Choreographed for my Absolute Beginner class, can be used for a split floor to the intermediate dance 'Angels on my Side' by Alan Birchall and Jacqui Jax

Start: After Intro On Music Seconds: 18, Counts: 32, BPM: 105

SECTION 1: WALK FORWARD (X2), FORWARD MAMBO, WALK BACK (X2) BACK MAMBO.

- 1 - 2 Walk forward Right (1), Walk forward Left (2)
- 3&4 Rock forward Right (3), Recover on Left (&), Step slightly back on Right (4)
- 5-6 Walk back Left (5), Walk back Right (6)
- 7&8 Rock back Left (7) Recover on Right (&), Step slightly forward on Left (8)

SECTION 2: STEP BRUSH (X2), (GRAPEVINE RIGHT, TOUCH).

- 1-2 Step Down slightly forward On Right, Brush(or Kick) Left Forward to Right Diagonal
- 3-4 Step Down Left, Brush(or Kick) Right Forward to Left Diagonal
- 5-6 Step Right to Right side. Cross Left behind Right
- 7-8 Step Right to Right side. Touch Left beside Right

SECTION 3: STEP BRUSH (X2), (GRAPEVINE ¼ TURN LEFT, BRUSH).

- 1-2 Step down slightly forward on Left, Brush(or Kick) Right Forward to Left Diagonal
- 3-4 Step down Right, Brush(or Kick) Left Forward to Right Diagonal
- 5-6 Step Left to Left side. Cross Right behind Left
- 7-8 Make a ¼ turn Left stepping Left forward. Brush Right Forward (9:00)

SECTION 4: K STEP WITH OPTIONAL CLAPS

- 1-2 Step Fwd Right to Right diagonal, touch Left beside Right (Clap)
- 3-4 Step back Left to Left diagonal, touch Right beside Left (Clap)
- 5-6 Step back Right to Right diagonal, touch Left beside Right (Clap)
- 7-8 Step Fwd Left to Left diagonal, touch Right beside Left (Clap)

Enjoy !

On sections 2 & 3 you can either brush- easier for balance, or Kick – if happier to balance.

Styling on sections 2&3 when you are stepping down you can dip down with knees bent and as you brush or Kick straighten legs.

Contact: dizzyc71@hotmail.com www.carrieannngreen.com

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