# Angels AB



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Carrie Ann Green (ES) - September 2016

音乐: Angels on My Side - Rick Astley



Choreographed for my Absolute Beginner class, can be used for a split floor to the intermediate dance 'Angels on my Side' by Alan Birchall and Jacqui Jax

Start: After Intro On Music Seconds: 18, Counts: 32, BPM: 105

#### SECTION 1: WALK FORWARD (X2), FORWARD MAMBO, WALK BACK (X2) BACK MAMBO.

1 - 2	Walk forward Right (1), Walk forward Left (2)
3&4	Rock forward Right (3), Recover on Left (&), Step slightly back on Right (4)

5-6 Walk back Left (5), Walk back Right (6)

7&8 Rock back Left (7) Recover on Right (&), Step slightly forward on Left (8)

## SECTION 2: STEP BRUSH (X2), (GRAPEVINE RIGHT, TOUCH).

1-2	Step Down slightly forward On Right, Brush(or Kick) Left Forward to Right Diagonal
3-4	Step Down Left, Brush(or Kick) Right Forward to Left Diagonal
5-6	Step Right to Right side. Cross Left behind Right
7-8	Step Right to Right side. Touch Left beside Right

## SECTION 3: STEP BRUSH (X2), (GRAPEVINE 1/4 TURN LEFT, BRUSH).

1-2	Step down slightly forward on Left, Brush(or Kick) Right Forward to Left Diagonal
3-4	Step down Right, Brush(or Kick) Left Forward to Right Diagonal
5-6	Step Left to Left side. Cross Right behind Left
7-8	Make a ¼ turn Left stepping Left forward. Brush Right Forward (9:00)

## **SECTION 4: K STEP WITH OPTIONAL CLAPS**

1-2	Step Fwd Right to Right diagonal, touch Left beside Right (Clap)
3-4	Step back Left to Left diagonal, touch Right beside Left (Clap)
5-6	Step back Right to Right diagonal, touch Left beside Right (Clap)
7-8	Step Fwd Left to Left diagonal, touch Right beside Left (Clap)

### Enjoy!

On sections 2 & 3 you can either brush- easier for balance, or Kick – if happier to balance. Styling on sections 2&3 when you are stepping down you can dip down with knees bent and as you brush or Kick straighten legs.

Contact: dizzyc71@hotmail.com www.carrieanngreen.com

Last Update 23rd Sept 2016