Breaking Up Inside



拍数: 32 墙数: 4 级数: Easy Intermediate

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音乐: Love Me Or Leave Me - Liv Marit Wedvik



Intro: 40 counts

Section 1: □ Dorothy Step. Dorothy Step. Step ¼ Turn left. Cross Shuffle.

1-2& Step forward on right. Lock left behind right. Step forward on right. (Diagonal)
3-4& Step forward on left. Lock right behind left. Step forward on left. (Diagonal)

5-6 Step forward on right. Turn ¼ left.

7&8 Cross right over left. Step left to left. Cross right over left

Tag & Restart here: On Wall 3 facing 3 O'clock

Section 2: ☐ Left Rock. Cross Rock. Left Rock. Behind. Sweep Back Sweep. Back. Back Rock.

1-2 Rock left to left. Recover onto right.

3&4& Rock left across right. Recover onto right. Rock left left. Recover onto right.

Cross left behind right sweeping right foot from front to back.Step back on right sweeping left foot from front to back.

7-8 Rock back on left and bend right knee up with toes on floor. Recover onto right.

Section 3: ☐ Step. Step ½ Turn left. Step. Triple Full Turn. Sync. Rock. Step. Full Turn (Back).

1-2&3 Step forward on left. Step forward on right. Turn ½ left. Step forward on left.
 4&5 Make a Full Triple Turn forward over the right shoulder stepping left, right, left.

6& Rock forward on right. Recover onto left.

7-8 Make a full turn back over the right shoulder stepping right, left.

Section 4: ☐ Back. Touch across. Back. Touch across. Back Rock Basic Nightclub. Basic Nightclub.

1& Step back on right. Touch left toes across right foot.2& Step back on left. Touch right toes across left foot.

3-4 Rock back right and bend left knee up with toes on floor. Recover onto left.

Take a long step right. Rock left behind right. Recover onto right.Tack a long step left. Rock right behind left. Recover onto left.

Tag & Restart: On Wall 3 after Section 1 (Facing 3 O'clock.)

Tag: Step left to left. After the Cross Shuffle (Making it 7&8&) then Restart.

Ending: As the music is ending after the Dorothy steps (Facing 6 o'clock) Make a Step. ½ Turn left to end facing the front wall