Country Club Contra (AB)

级数: Absolute Beginner Contra

编舞者: Cef Decaney (USA) - September 2016

音乐: Country Club - Travis Tritt

Dance begins 16 counts in when lyrics begin

Vine Right, Vine Left

拍数: 32

1-2-3-4 Step Right to Right, Cross Left behind Right, Step Right to Right, Scuff Left Next to Right 5-6-7-8 Step Left to Left side, Cross Right behind Left, Step Left to Left, Scuff Right Next to Left

Step together Step Right, Step together Step Left

1-2-3-4 Step Right Forward, Step Left next to Right, Step Right Forward, Scuff Left Next to Right 5-6-7-8 Step Left Forward, Step Right next to Left, Step Left Forward, Scuff Right Next to Left

Rocking Chair, ¼ Turn Left, ¼ Turn Left

- Rock Forward on Right, Step Back on Left, Rock Back on Right, Step Forward on Left 1-2-3-4 (completes rocking chair)
- Step Forward on Right, Pivot ¼ Turn Left (weight on left), Step Forward On Right, Pivot ¼ 5-6-7-8 Turn Left (weight on left)

Jazz Box, Step Touch, Step Touch

- Cross Right over Left, Step Back on Left, Step Right next to Left, Step onto Left (completes 1-2-3-4 Jazz box)
- Step Right to Right Side, Touch Left next to Right, Step Left to Left side, Touch Right next to 5-6-7-8 Left

End of dance





墙数: 2