Full Speed Ahead

拍数: 32

级数: Beginner

编舞者: Timothy To (CAN) - September 2016

音乐: Avanti tutta - Roberta Cappelletti

Intro: 32 counts

[1-8] MODIFIED RIGHT RUMBA BOX

- Step right to right side, step left next to right, right shuffle forward 1-2, 3&4
- 5-6, 7&8 Step left to left side, step right next to left, left shuffle back

[9-16] RIGHT GRAPEVINE WITH ½ TURN RIGHT, LEFT GRAPEVINE WITH HITCH

- 1-2 Step right foot to right side, step left behind right
- 3 Step right foot to right side
- Pivot ½ turn right while use ball of right foot and hitching left knee (6.00) 4
- Step left foot to left side; step right behind left 5-6
- 7-8 Step left foot to left side; hitch up on Right

Optional Hand motions: Hold hands up, then down, then up, then clap, during grapevines

[17-24] PADDLE 2x with 1/8 TURN LEFT, RIGHT JAZZ BOX

- 1-2 Right touch to right, whilst making 1/8 turn to left, hitch right knee
- 3-4 Right touch to right, whilst making 1/8 turn to left, hitch right knee (3:00)
- 5-8 Cross Right over Left, step back on Left, step Right to Right, step Left next to Right

[25-32] RIGHT FORWARD KICK LEFT, BACK RIGHT, TOUCH RIGHT BEHIND TWICE

- 1-2 Step forward on right, kick left forward
- 3-4 Step back on left. touch right behind left
- 5-6 Step forward on right, kick left forward
- 7-8 Step back on left, touch right behind left

No Tag No Restart

Contact: timothyto1983@gamil.com





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