

# Ruin

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Jacob Ballard (USA) & Amy Christian (USA) - September 2016  
音乐: Ruin - Shawn Mendes



## #12 count intro

### S1: SIDE, HOLD, TUCK, 1/8, 3/8, 1/4

- 1-2-3      Step R slightly bigger step to side, Hold while slowly dragging L towards R, Touch L next to R in "tuck" position,  
4-5-6      Turn 1/8 left stepping forward on L (10:30), Turn 3/8 left stepping back on R (6:00), Turn 1/4 left stepping L to side (3:00),

### S2: CROSS LUNGE, HOLD WITH SWEEP, 1/4, 1/4

- 1-2-3      Cross lunge R over L, Hold lunge position while sweeping R arm in front of body and towards left diagonal for two counts (1:30),  
4-5-6      Recover weight to L, Turn 1/4 right stepping forward on R (6:00), Turn 1/4 right stepping L to side (9:00),

### S3: CROSS ROCK, SIDE, CROSS ROCK, SIDE

- 1-2-3      Cross rock R over L, Recover on L, Step R to side,  
4-5-6      Cross rock L over R, Recover on R, Step L to side,

### S4: STEP, SWEEP, CROSS, 1/4, SIDE

- 1-2-3      Step R forward, Sweep L around from back to front for two counts,  
4-5-6      Cross L over R, Turn 1/4 left stepping back on R (6:00), Step L to side,

### S5: CROSS, TOUCH OUT-IN, 1/4 BASIC

- 1-2-3      Cross R over L, Touch L out to left side, Touch L next to R,  
4-5-6      Turn 1/4 left stepping forward on L (3:00), Step R next to L, Step L next to R,

### S6: BACK BASIC, 1/2 BASIC

- 1-2-3      Step R back, Step L next to R, Step R next to L,  
4-5-6      Step forward on L, Turn 1/2 left stepping back on R (9:00), Step L next to R,

### S7: STEP, FULL TURN, 1/4, SIDE, HOLD, STEP

- 1-2-3      Step R forward, Turn 1/2 right stepping back on L (3:00), Turn 1/2 right stepping forward on R (9:00),  
4-5-6      Turn 1/4 right stepping L slightly bigger step to side (12:00), Hold while dragging R towards L, Step R forward,

### S8: CROSS WITH 1/4, SIDE, 1/4, STEP FORWARD, STEP FORWARD, 3/4 SPIRAL

- 1-2-3      Turn 1/4 left - Cross L over R (9:00), Step R to side, Turn 1/4 left stepping L to side (6:00),  
4-5-6      Step R forward, Step L forward, Keeping weight on L turn 3/4 right (3:00)

Contacts: Email: [jacobballard92@gmail.com](mailto:jacobballard92@gmail.com), [amyc@linefusiondance.com](mailto:amyc@linefusiondance.com)