

Move

拍数: 40 墙数: 4 级数: Advanced Beginner
编舞者: Conrad Farnham (USA) - September 2016
音乐: Move - Luke Bryan



SAILOR STEPS X 2, STOMPS RIGHT OUT, STOMP LEFT OUT, SWIVEL TOES IN, SWIVEL HEALS IN

1&2&3&4& Step right back behind left, step left to left side, step right forward, hold, Step left back behind right, step right to right side, step left forward, hold

5-8 Stomp right foot out to right, stomp left foot out to left, swivel toes in, swivel heals in to center

SWIVEL HEELS OUT, SWIVEL TOES OUT, SAILOR STEPS X 2, STOMP RIGHT, STOMP LEFT NEXT TO RIGHT

1,2,3&4& Swivel heels out, swivel toes out from center, Step right back behind left, step left to left side, step right forward, hold

5&6&,7,8 Step left back behind right, step right to right side, step left forward, hold, stomp right in place, stomp left next to right

RIGHT LINDY, ROCK, RECOVER, LEFT LINDY ROCK, ¼ RECOVER

1&2,3,4 Step right to right side, step left next to right, step right to right side, rock back on left, recover on right

5&6,7,8 Step left to left side, step right next to left, step left to left side, rock back on right ¼, recover on left

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP RIGHT, PIVOT ½ TURN LEFT, STOMP RIGHT, STOMP LEFT

1&2,3&4 Shuffle forward right, left, right, Shuffle forward left, right, left

5-8 Step forward right and pivot ½ turn left, stomp right, stomp left

HIP BUMPS FORWARD RIGHT, HIP BUMPS FORWARD LEFT, ROLL HIPS

1-4 Step right forward and bump hips right twice, step left forward and bump hips left twice

5-8 Roll hips for 4 count

No Tags and No Restarts

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