

Mirror Mirror

拍数: 32 墙数: 2 级数: Intermediate NC2S
编舞者: Guillaume Richard (FR) - September 2016
音乐: Mirror Mirror - Marina Kaye



[1- 8] : Right Side Basic – Point – Touch – Rolling Vine – Left Side Step – Recover on R&L – Recover on R with ¼ turn – Step Backward – ½ turn Step Forward

- 1-2& Step RF to R – Close LF slightly behind RF – Cross RF over LF
3&4& Point LF toe to L – Touch LF next to RF – Make ¼ turn L stepping LF forward – Make ½ turn L stepping RF backward
5-6& Make ¼ turn L stepping LF to L – Recover on RF – Recover on LF (12.00)
7-8& Recover on RF making ¼ turn L (9.00) – Step LF backward – Make ½ turn R stepping RF forward (3.00)

[9-16] : Rock Step Forward – Step Backward – ¼ turn Right Side Basic – ¼ turn Step Backward – ¼ turn Step Forward – Full Turn Sweep – Cross – Step Backward

- 1-2& Step LF forward – Recover on RF – Step LF backward
3-4& Make ¼ turn R stepping RF to R (6.00) – Close LF slightly behind RF – Cross RF over LF
5-6& Make ¼ turn R stepping LF backward (9.00) – Make ¼ turn R stepping RF forward (12.00) – Make ½ turn R stepping LF backward (6.00)
7-8& Make ½ turn R stepping RF forward and make a sweep with LF (12.00) – Cross LF over RF – Step RF backward

[17-24] : Point – Touch – Triple Step & Sweep x2 – Cross – ¼ turn Step Backward – Paddle ½ turn

- 1&2& Point LF backward – Touch LF next RF – Make 1/8th turn L stepping LF diagonally forward (10.30) – Step RF next LF
3-4& Step LF diagonally forward and make ¼ turn L sweeping RF over LF (6.30) – Step RF diagonally forward – Step LF next RF
5-6& Step RF diagonally forward and make 1/8th turn R sweeping LF over RF (9.00) – Cross LF over RF – Make ¼ turn L stepping RF backward (6.00)
7&8& Make ¼ turn L stepping LF forward (3.00) – Step RF next LF – Make ¼ turn L stepping LF forward (12.00) – Step RF next LF

[25-32] : ¼ turn Step Forward & Sweep – Cross – Step Backward – Rock Back – ½ turn Step Back – Step Backward & Sweep – Behind – Side – Step Forward x 2 – Touch

- 1-2& Make ¼ turn L stepping LF forward and make a sweep RF over LF (9.00) – Cross RF over LF – Make ¼ turn R stepping LF backward (12.00)
3-4& Step RF backward – Recover on LF – Make ½ turn L stepping RF backward (6.00)
5-6& Step LF backward and sweep RF behind LF – Cross RF behind LF – Step LF to L
7-8& Step RF forward – Step LF forward – Touch RF next LF

Have fun and don't forget, Life Is A Dance !