

Gangsta Walk

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Gangsta Walk by Nate Dogg



Intro: ☐ Start on Everybody do the Gangsta Walk...

Note: ☐ Restart on the 7th wall after 16 counts

[1 – 8] ☐ Walk Forward, Mambo Step, Walk Back, Pose, Knee Pops ☐

- 1 - 2 Step R forward (1) Step L forward (2) ☐ 12:00
- 3 & 4 Rock R forward (3) Recover back on L (&) Step R back (4) ☐ 12:00
- 5 - 6 Step L back (5), Step R back (6) ☐ 12:00
- 7 & 8 Step L back and fold both arms in front of body (7), Pop both knees forward and lift head up (&) Knees back to centre and head facing forward (8) ☐ 12:00

[9 – 16] ☐ Rock Cross, Sweep, Weave, Hop 4x Left ☐

- 1 - 2 Rock R in front of L (1), Step L backwards and sweep R from front to back (2) ☐ 12:00
- 3 & 4 Cross R behind L (3) Step L to left side (&), Cross R in front of L (4) ☐ 12:00
- 5 - 6 Hop with both feet to the left (5), Hop with both feet to the left (6) ☐ 12:00
- 7 - 8 Hop with both feet to the left (7), Hop with both feet to the left (8) ☐ 12:00

[17 – 24] ☐ Out, Out, ¼ Turn R, In, In, Camel Walk ☐

- 1 - 2 Step R out diagonally forward to R side (1), Step L out to left side (2) ☐ 12:00
- 3 - 4 Turn ¼ R and step R backwards (3), Step L next to R (4) ☐ 3:00
- 5 - 6 Step R forward and bend L knee (5) Step L forward and bend R knee (6) ☐ 3:00
- 7 - 8 Step R forward and bend L knee (7) Step L forward and bend R knee (8) ☐ 3:00

[25 – 32] ☐ Syncopated Rock steps, Knee pops with ½ Turn L ☐

- 1 - 2 & Rock R forward (1) Recover back on L (2) Step R next to L (&) ☐ 3:00
- 3 - 4 & Rock L forward (3) Recover back on R (4) Step L next to R (&) ☐ 3:00
- 5 - 6 Step R forward begin to start the ½ turn L and Pop both knees (5), Turn 1/8 L and Pop both knees (6) ☐ 1.30
- 7 - 8 Turn 1/8 L and Pop both knees (7) Turn 1/4 L and Pop both Knees (8) ☐ 9:00

START AGAIN AND HAVE FUNNNN ☐

Restart ☐ Restart after the 7th wall after count 16 ☐