

Move

拍数: 32 墙数: 2 级数: Improver
编舞者: Sarah Kemp (USA) - October 2016
音乐: Move - Luke Bryan



No Tags or Restarts

[1-8]□(12:00) Touch and Point, Heel and Toe, Walk Rt, Lt.

- 1 & Weight on the Lt. Touch/Point Rt toe to Rt side (1), return to center, Take weight (&).
- 2 & Weight on the Rt. Touch/Point Lt toe to Lt side (2), return to center, take weight (&).
- 3 & Weight on the Lt. Touch Rt Heel forward (3), return to center, take weight (&).
- 4 & Weight on the Rt. Touch Lt Toe back (4), return to center, take weight (&).
- 5 & Weight on the Lt. Touch Rt Heel forward (5), return to center, take weight (&).
- 6 & Weight on the Rt. Touch Lt Toe back (6), return to center, take weight (&).
- 7, 8 Weight on the Lt. Step forward, walk Rt (7), Lt (8)

[9-16]□□(12:00) Rock, ½ turn, Triple R-L-R, Rock-Replace, Back Coaster Step.

- 1, 2, 3&4 Rock forward on Rt (1), ½ turn over Lt shoulder (06:00) (2) Step Rt down (3), Lt to instep of Rt (&) Step Rt forward(4).
- 5, 6, 7&8 Rock Lt forward (5), Replace to Rt (6), Step Rt foot back (7), Lt to instep of Rt (&), Cross Rt foot in front (over) Lt (8).

[17-24]□□(06:00) L-Chasse, R-Chasse, Back Coaster.

- 1,2 &, 3,4 Rock Rt foot to Rt (1), Replace to Lt (2), Bring Rt to instep of Lt (&) Rock Lt to Lt side (3), Replace to Rt foot (4).
- & 5, 6 Bring Lt to instep of Rt (&) Rock Rt to Rt side(5), Replace to Lt foot (6).
- 7&8 ¼ wall turn over Rt shoulder (09:00) (7) Step Lt foot back, (&) Step Rt foot to instep of Lt, (8) Step Lt foot forward.

[25-32]□□(09:00) Hip bump x2, ¼ turn Jazz Box

- 1&2 Step Rt forward Rt hip bump out (1) in (&) out (2)(or forward-back- forward)
- 3&4 Step Lt forward Lt hip bump out (3) in (&) out (4).
- 5, 6, Cross Lt over Rt (5), Step back on Rt with ¼ wall turn (06:00) (6),
- 7, 8 Step Lt to Lt side (7), Touch Rt toe to instep Lt (8).

Enjoy,

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