# **Un Homme Debout**



拍数: 48 编数: 4 级数: Improver / Intermediate waltz

编舞者: Maryloo (FR) - October 2016

音乐: Un homme debout - Claudio Capéo



Intro: 24 counts

# S1: STEP & SWEEP (L&R)

1-2-3 Step L forward, sweep R from back to front (on 2 counts)
4-5-6 Step R forward, sweep L from back to front (on 2 counts)

## S2: CROSS MAMBO (L&R)

1-2-3 Cross/rock L over R, recover on R, step L next to R
4-5-6 Cross/rock R over L, recover on L, step R next to L

## S3: PIVOT ½ TURN R

1-2-3 large Step L forward (on 3 counts)

4-5-6 pivot ½ turn R, weight on R (on 3 counts)( 6.00)

## S4: BASIC 1/2 R X2

1-2-3 ½ turn R stepping L behind (12.00), step R next to L, step L next to R 4-5-6 ½ turn R stepping R forward (6.00), step L next to R, step R next to L

# S5: CROSS MAMBO (L&R)

1-2-3 Cross/rock L over R, recover on R, step L next to R
4-5-6 Cross/rock R over L, recover on L, step R next to L

## S6: L TWIKLE, R TWINKLE 1/4 R

1-2-3 Cross L over R, 1/8 turn to L stepping R to side (4.30), recover on L

4-5-6 Cross R over L, 1/8 turn to R stepping L back (6.00), ¼ turn to R stepping R to R side (9.00)

### **S7: CROSS SHUFFLE**

1-2-3 Cross L over R (on 2 counts), step R to side

4-5-6 Cross L over R ( on 3 counts)

#### **S8: R COASTER STEP**

1-2-3 Step R back ( on 2 counts), step L to side 4-5-6 Step R forward ( on 3 counts ) (9.00)

RESTART: During the 5 th wall (12.00), after 24 counts (6.00)

#### Have Fun!

Contact choreographer: Maryloo: malouwin@hotmail.fr - Website: www.line-for-fun.com