Forever Country

拍数: 64

级数: Phrased High Improver

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音乐: Forever Country - Artists of Then, Now & Forever

#16 count intro - Sequence A, A, A, A, A, (Restart) A, A, Bridge, B ,B, B (optional ending) Style, 32 counts Two Step & 32 counts NC2S

Part A (4 wall 32 counts).

- Sec A1: \Box Walk forward, forward mambo, walk back, coaster step.
- 1 2 Walk forward right, left.
- 3&4 Rock right foot forward, recover back onto left, small step back with right.
- 5 6 Walk back left, right.
- 7&8 Step left foot back, close right next to left, step left foot forward.

Sec A2: Diagonal lock step x 2, rock, recover, coaster cross

- 1&2 Lock step forward right, left, right to the right diagonal.
- 3&4 Lock step forward left, right, left to the left diagonal.
- 5 6 Rock right foot forward, recover back onto left.
- 7&8 Step right foot back, close left next to right, step right foot across left.

Sec A3: Side rock, recover, ¼ turn left coaster step, Pivot ½ turn left, ½ turn shuffle left.

| 1 – 2 | Rock left foot out to the right side, recover onto right (preparing to turn left). |
|-------|--|
| 3&4 | 1/4 turn left sweeping left foot around and back, close right next to left, step left foot forward |
| 5 – 6 | Step right foot forward, make a 1/2 pivot turn left (weight ends on left). |
| 700 | |

7&8 ¹/₂ turn shuffle around to the left stepping right, left, right. (moves slightly back).

Sec A4: Rock back , recover, shuffle forward, heel switches, kick, heel jack.

- 1 2 Rock left foot back, recover forward onto right
- 3&4 Shuffle forward left, right, left.

(Restart here on wall 5 facing 9 o'clock)

5&6& Touch right heel forward, close right to left, touch left heel forward, close left to right.

7&8& Low kick forward with right, small step back right, touch left heel forward, close left to right.

Dance part A seven times.

Bridge

| Linking into part (B) of Dance after completing 7th wall of part (A). Begin facing 3 o'clock | | |
|--|---|--|
| 1 – 2 | Step right foot forward, ¼ turn left (weight ends on left foot to the side) | |
| 3& | Rock right foot behind left, recover forward on left. (end facing 12 o'clock) | |

Part B (1 wall 32 counts)

Sec B1: Night club basic x2, behind, side, cross rock, recover, side

- 1 Step right foot to the side.
- 2&3 Rock left behind right, recover forward onto right, step left to the side.
- 4&5 Rock right behind left. recover forward onto left, step right to the side.
- 6&7 Step left behind right, step right foot to the side, rock left across right.
- 8& Recover back onto right, step left to the side.

Sec B2: Cross rock, recover, side, cross, side, sailor ¼ turn left, syncopated rocking chair.

- 1 Rock right across left.
- 2&3 Recover back onto left, step right to the side, step left across right.
- 4 Step right foot to the side.
- 5&6 Step left behind right, ¼ turn left stepping right to the side, step left foot forward.



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7&8& Rock right forward, recover back onto left, rock right back, recover forward onto left.

Sec B3: Step forward, forward mambo, back mambo, ½ turn right, ¼ turn left

- 1 Step right foot forward
- 2&3 Rock left foot forward, recover back onto right, small step back left
- 4&5 Rock right foot back, recover forward onto left, small step forward right.
- 6&7 Step left foot forward, ¹/₂ turn right, step left foot forward.
- 8& Step right foot forward, ¼ turn left (weight ends on left to the side)

Sec B4: Step across, Scissor steps x 2, sway left, right, left.

- 1 Step right across left
- 2&3 Step left foot to the side, close right towards left, step left across right.
- 4&5 Step right foot to the side, close left towards right, step right across left
- 6 8 Step left foot to the side and sway left, sway right, sway left (right foot draws in)

Dance part B three times.

On the third time only dance section 1 if adding in the optional ending below.

Optional ending

On the third repetition of part B only section 1 then to finish add the following.

1 – 4 Cross right over left , unwind full turn to left.

Last Update - 28th Oct 2016