

拍数: 32 墙数: 4 级数: Improver

编舞者: Lynn Card (USA) - October 2016

音乐: Move - Luke Bryan

Intro: 32 counts - No Tags, No Restarts

(1-8) GLIDE R, GLIDE L 1/4 TURN, GLIDE R 1/4 TURN, GLIDE L 1/4 TURN, CROSS ROCK, SIDE TOGETHER SIDE

1,2,3,4 Big step R to right, ¼ Turn to your left stepping L to left (9:00), ¼ Turn to left stepping R to

right (6:00), ¼ Turn to left stepping R to right (3:00) (Total of 3/4 turn Glide Box)

5,6,7&8 Rock R in front of L to left diagonal, Recover L, Step R to right side, Step L next to R, Step R

to right

(9 - 16) CROSS ROCK, COASTER STEP, JAZZ BOX 1/8 TURN

1,2,3&4 Rock L in front of L to right diagonal, Recover R, Step L back. Step R back next to L, Step L

forward (4:30 (coaster step is still at diagonal)

5,6,7,8 Cross R over L, Step L back making 1/8 turn (6:00, Step R to right, Cross L over R (or simply

step L slightly forward)

Styling: Wall 5, stomp your feet on the diagonal coaster step on lyrics "stomp your feet"

(17-24) POINT, CROSS, SIDE ROCK CROSS, POINT 1/4 MONTEREY TURN, KICK BALL STEP

1,2,3&4 Point R to right, Cross R over L (weight on R), Rock L to left, Recover R, Cross L over R

(option for beginners to point L, cross L over R instead of side rock cross)

5,6,7&8 Point R to right, ¼ turn to right bringing R foot in and stepping next to L (9:00), Kick L

forward, Ball step L next to R, Step R in place next to L

(25-32) WALK, WALK, RUN RUN RUN, KICK SWITCHES, KICK BALL CROSS

1.2.3&4 Walk L forward. Walk R forward. Run L forward. Run R forward. Run L forward

5&6&7&8 Low kick RF forward, Replace R next to L, Low kick LF forward, Replace L next to R, Kick R

forward, Ball step R center next to L, Cross L over R (you are now in prep position to restart

the dance) (The little kick switches can also be heel switches))

Styling: The Run Run Run will hit twice in the music on lyrics "stomp your feet" and "left and right", you should emphasize those counts on those lyrics. First time happens in Wall 2 facing 6 :o'clock, the second time happen in Wall 4 facing 9:00

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