

Show Me, Show Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Frank Trace (USA) - October 2016
音乐: Bailemos - Yoel

级数: Improver / Intermediate



Intro: Begin on vocals, 24 counts

STEP DIAGONAL FORWARD RIGHT, TOUCH, SHUFFLE DIAGONAL BACK, STEP RIGHT DIAGONAL BACK RIGHT, TOUCH, SHUFFLE DIAGONAL FORWARD

- 1-2 Step R forward diagonally right, touch L next to R
- 3&4 Shuffle back at left diagonal stepping L, R, L
- 5-6 Step R back diagonally right, touch L next to R
- 7&8 Shuffle forward diagonally left stepping L, R, L

¼ TURN LEFT STEP, BEHIND, SIDE SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE SIDE ¼ TURN LEFT

- 1-2 Make a ¼ turn left and step on R, step L behind R (9:00)
- 3&4 Side shuffle right stepping R, L, R
- 5-6 Cross rock L over R, recover onto R
- 7&8 Shuffle side left ending with a ¼ turn left (6:00)

STEP, TOGETHER, ¼ TURN, SCUFF ¼ TURN, SHUFFLE SIDE, ROCK BACK, RECOVER

- 1-2 Step R to right side, step L next to R
- 3-4 Step R ¼ turn R, scuff L making a ¼ turn right (12:00)
- 5&6 Side shuffle left stepping L, R, L
- 7-8 Rock straight back on R, recover onto L

STEP FORWARD, SIDE ROCK, RECOVER, STEP FORWARD, SIDE ROCK, RECOVER, JAZZ BOX 1/4 TURN

- 1&2 Step R forward, rock L to left side, recover onto R
- 3&4 Step L forward, rock R to right side, recover onto L

Easy Option for 1-4: Step R forward, touch L to side, step L forward, touch R to side

- 5-8 Step R over L, step L back, step R to side turning ¼ right, step L next to R □(3:00)

START OVER

TAG: This happens one time on wall 5 facing 12:00

DOUBLE ROCKING CHAIR

- 1-4 Rock R forward, recover, rock R back, recover
- 5-8 Rock R forward, recover, rock R back, recover