Shelter In The Storm



编舞者: Vivienne Scott (CAN) & Double Trouble (CAN) - October 2016

音乐: Fireproof - Coleman Hell: (iTunes and amazon)



Start 32 counts in, on the lyrics

S1: CROSS, SIDE, ROCK BACK/RECOVER, HEEL TOUCH, BACK, CROSS, SIDE, 1/4 TURN COASTER STEP

1-2	Cross right	over left.	Step I	left to left side.

Rock back on right. Recover on left. Touch right heel forward. 85-6 Step right back. Cross left over right. Step right to right side.

7&8 Turn 1/4 left and step back on left. Step right beside left. Step forward on left.

S2: SIDE ROCK, BEHIND, SIDE, CROSS, SIDE, HOLD, TOGETHER, 1/4 TURN STEP FORWARD, TOUCH

1-2 Rock right to right side. Recover on left.

3&4 Cross right behind left. Step left to left side. Cross right over left.

5-6 Step left to left side. Hold.

&7-8 Step right beside left. Turn 1/4 left and step forward on left. Touch right beside left.

S3: SIDE ROCK, CROSS SHUFFLE, 1/4 TURN, 1/4 TURN, SHUFFLE FORWARD

1-2 Rock right to right side. Recover on left.

3&4 Cross right over left. Step left to left side. Cross right over left.

5-6 Turn 1/4 right and step back on left. Turn 1/4 right and step forward on right.

7&8 Shuffle forward stepping left-right-left

S4: ROCK FORWARD, SHUFFLE 1/2 TURN, STEP, PIVOT 1/4 TURN, CROSS, POINT

1-2 Rock forward on right. Recover on left.
3&4 Shuffle 1/2 turn right stepping right-left-right
5-6 Step forward on left. Pivot 1/4 turn right
7-8 Cross left over right. Point right to right side.

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Last Update: 30 May 2025