My Church

拍数: 32

级数: Newcomer

编舞者: Jérôme Massiasse (FR) - October 2016

音乐: My Church - Home Free

STOMP, HEEL TO TRAVELING, STOMP TWICE, STEP TOUCH

- 1-2-3-4 Stomp RF To the R side, traveling Heel to R, Toe to R, Heel to R
- 5-6-7-8 Stomp LF beside RF, stomp LF beside RF, LF forward, touch RF

STEP BACK, TOUCH HEEL, STEP BACK, TOUCH TOE, SHUFFLE, SCUFF

- RF backward, touch L Heel over RF, LF backward, touch R toe over LF 1-2-3-4
- 5-6-7-8 RF forward, lock LF beside RF, RF forward, scuff LF

FORWARD SHUFFLE, SCUFF, ROCKIN' CHAIR,

- 1-2-3-4 LF forward on the L diagonal, lock RF, LF forward, scuff RF
- 5-6-7-8 Rock forward on RF, Recover on LF, Rock Back on RF, recover on LF

1/8 TURN R STRUT, 1/4 TURN R STRUT BACK, STEP SIDE, TWIST

- 1-2 1/8 turn R touching R toe forward, RF on place
- 3-4 1/4 turn R touching L toe back, LF on place
- RF to the R side, LF beside RF 5-6
- 7-8 Twist heels to the R, recover

On Wall 6, at the end, twist Heels once again (4 counts)

REPEAT

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墙数:4