

More Than Amigos

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Maria Hennings Hunt (UK) - October 2016
音乐: More Than Amigos - Jesse & Joy



Intro: 32 count intro - start on vocal

S1: SIDE CLOSE, SHUFFLE FORWARD, SIDE CLOSE SHUFFLE FORWARDS

1-2 Step LEFT foot (LF) to side, close RIGHT foot (RF) to LF
3&4 Step LF forward, close RF to LF, step LF forward
5-6 Step RF to side, close LF to RF
7&8 Step RF forwards, close LF to LR, step RF forwards (12:00)

S2: FORWARD ROCK, BACK LOCK STEP, BACK ROCK, BACK ROCK

1-2 Rock forward on LF, recover weight RF
3&4 Step back LF, lock RF across LF, step LF back
5-6 Rock back on RF, recover LF
7-8 Rock back on RF, recover LF (12:00)

S3: STEP ½ TURN, LOCK STEP FORWARDS, FULL TURN, SHUFFLE FORWARD

1-2 Step forward on RF, pivot ½ turn left (weight on LF)
3&4 Step RF forward, lock LF behind RF, step RF forwards
5-6 Turning ½ right, step LF back, turning ½ right, step RF forwards (or walk, walk)
7-8 Step LF fwd, close RF to RF, step LF forwards (6:00)

S4: ROCK FORWARD, R BACK LOCK, L BACK LOCK, R BACK LOCK

1-2 Rock forward on RF, recover weight LF
3&4 Step back on RF, lock LF across in front of RF, step back RF
5&6 Step back on LF, lock RF in front of LF, step back LF
7&8 Step back on RF, lock LF across in front of RF, step back RF (6:00)

S5: BACK ROCK, STEP ¼, CROSS, SIDE, BEHIND, POINT (OPTIONAL FLICK!)

1-2 Rock back LF, recover RF
3-4 Step LF forward, turn ¼ right (weight on RF)
5-8 Cross LF over RF, step RF to side, step LF behind RF, point RF to side (or flick RF) (9:00)

S6: CROSS SIDE, BEHIND, ¼ TURN, STEP ½ TURN, SHUFFLE FORWARDS

1-4 Cross RF over LF, step LF to side, cross RF behind LF, step LF ¼ turn (6:00)
5-6 Step forward on RF, pivot ½ turn left (weight LF)
7&8 Step RF forward, close LF to RF, step RF forwards (12:00)

*** RESTART HERE WALL ONE (12:00) & WALL FIVE (6:00) ***

S7: STEP ¼ TURN, CROSS SHUFFLE, SIDE ROCK, R SAILOR STEP

1-2 Step LF forward, turn ¼ right (weight RF)
3&4 Cross LF over RF, step RF to side, cross LF over RF
5-6 Rock RF to side, recover weight LF
7&8 Sweep RF behind LF, rock LF to side, recover weight RF (3:00)

S8: L SAILOR STEP, CROSS ROCK, SIDE ROCK, ¼ TURN JAZZ BOX, TOUCH

1&2 Sweep LF behind RF, step RF to side, recover weight LF
3&4& Rock RF over left, recover weight LF, rock RF to side, recover weight LF
5-8 Cross RF over LF, step LF back, step RF ¼ right, touch LF next to RF (6:00)

REPEAT

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