

Sound of Silence

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 2 级数: Advanced - Smooth
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音乐: The Sound of Silence - Disturbed



Opening 4 counts...

[1-4] □ wave, arm across, down, arm raise

- 1-2 bring right arm up from left side across to right as if to wave, bring right hand back across to left in front of eyes,
&3-4 bring right elbow back down to right side, push right hand forward slightly, bring right arm back to right side as you raise left hand out and up.

(Note. This happens each time you start a new wall.)

[1-8] □ step with sweep, cross, back, back with sweep, behind, side, forward, step, full spiral, walk X2

- 1-2& Step forward on left as you sweep right around and in front of left. Cross right over left, step left slightly back
3-4& set back on right as you sweep left back, step back on left, step together with right
5-6 step forward on left, step forward on right
7-8& make a full spiral to left on right, step forward on left, step forward on right

[9-17] □ press with arm styling, hold, back X 2, 1/2, 1/2, 1/4,

- 1 press forward or rock forward on left foot as you extend left hand forward (1st time as if you're going to shake someone's hand, 2nd time as if you are looking down and extending hand to show it going away from you with palm down, 3rd time raising hand upward slightly, 4th and 5 time raising hand up even further... You really need to listen to the lyrics while dancing)
234 Hold forward on left foot while continuing to do the hand motion
5-6-7 recover back on right, step back on left, make a 1/2 turn over right stepping forward on right
8&1 make a 1/2 turn over right stepping back on left, make a 1/2 turn over right stepping forward on right. Make a 1/4 turn to right stepping left to left side

[18-25] □ drop, side, coaster into slow sweep, rock recover back with 1/2,

- 2-3 slightly drop down and to the left, step right to right
4&5 step back on left, step together with right, step forward on left as you begin to sweep right forward slowly
6-7 continue sweeping right forward, step forward on right
8&1 rock forward on left, recover on right, make a 1/2 turn to left stepping forward on left

[26-32] □ 1/2, 1/2, 1/4, behind side cross rock, recover, diagonal step with sweep.

- 2&3 make a 1/2 turn to left stepping back on right, make a 1/2 turn to left stepping forward on left, make a 1/4 turn to left stepping right to right side
4&5 step left behind right, step right to right, cross rock left over right
6-7-8 recover on to right, step left to left and slightly forward as you make an 1/8 turn to left (10:30 diagonal) and start to sweep your right foot around and forward slowly, continue sweeping right foot forward

[33-40] □ slow walks, rock recover hitch with arm movement, collapse downward in to left

- 1-2 walk forward on the right for these 2 counts. (Slow walk)
3 step forward on left
4&5 rock forward on right, recover on left, hitch right up as you make an 1/8 of a turn back to right as you bring right hand up and over from left to right
6 step right to right as you finish bringing right hand across
7-8 slowly collapse down and to the left as you bring right hand in to the right side of head, turn head slightly down and to the left (make this a fluid motion)

[41-48] □ prep, 1 ½ turn to left on left, side, behind side cross rock, recover, side

- 1 prep body to right,
- 2-3 make a 1 ½ turn to left on left foot
- 4 step right to right side
- 5&6 step left behind right, step right to right, cross rock left over right
- 7-8 recover on right, step left to left side

[49-56] slow walks, together, head drop, right hand up fingers close, left hand up fingers close

- 1-2 slow walk forward on right foot
- 3-4 slowly step together with left (NOTE. At the end of wall 5 you will walk forward 2 more slow walks for 5-6, 7-8. Then a slight pause until you hear him say silence)

As you do this you will raise your head slightly. On the word silence you will drop your head. It's not exactly on the same count each time. Sometimes it's right when you step together and sometimes a little after.

- 5&6 this is a music hit. You will hear the piano keys. Raise your right hand up, palm and fingers open and you will close hand from pinky to index finger and the thumb. Rolling fingers into a closed fist position.
- 7&8 This is the same as 5&6 you just use your left hand.

Note at end of dance both hands will be up on either side of head. As you start the opening 4 counts

Ending.

After the 5th wall you will do the 4 count opening and then the next set of counts.

Also the music will begin to slow down so slow down as you do them

[1-5] □ step with sweep. Cross back side, cross back, 1/4, 1/4

- 1-2& step forward left as you sweep right around and in front of left, cross right over left, step back on left
- 3&4 step back on right, cross left over, step back on right
- &5 make a ¼ turn to left stepping left to left side, make a ¼ turn to left stepping out on right as you drop your head

Last Update - 26th Oct 2016
