Cheap Thrills



拍数: 80 墙数: 4 级数: Phrased Intermediate

编舞者: Maria Elena Santarromana (FR) - November 2016

音乐: Cheap Thrills (feat. Sean Paul) - Sia



Sequence: A B A B* TAG* B (32 counts) B A

Intro 16 counts

VERSE A (32 COUNTS)

A[1-8] \square R ROCK STEP CROSS – L LOCK STEP – L ½ PIVOT TURN – R KICK - R TRIPLE STEP \square IN PLACE

1&2 Right Side Rock - Recover on Left - Cross Right over Left (RI	(RLR)
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3&4 Left forward Lock step (LRL)

5-6 Right Step forward ½ Left pivot Turn - Recover on Left (LR) 6h

&7 [&] Right front Kick - [7] Recover on Right on place (R)

&8 [&] Go back on Left on place – [8] Recover on Right on place (LR)

A[9-16] \square L ANCHOR STEP – R SAILOR STEP – R FORWARD HIP BUMP - R FORWARD ROCK STEP – L STEP BACK

1&2 [1] Left behind - [&] Recover on Right over Left - [2] - Recover on Left be	nind (LRL)
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3&4 Cross Right behind Left with a ¼ Right Turn - Open L to L - Open Right to Right (RLR) 9h

5&6 Step Left forward with hips bumps forward (G)

7&8 Front Right rock step - Recover on Left - Step back on Right (RLR)

A[17-24] L VAUDEVILLE - R SIDESTEP - R VAUDEVILLE - L SIDESTEP - L FORWARD HIP BUMP - R FORWARD HIP BUMP

1&	[1	Front Le	ett Kick -	[&] Recover on I	Left (L)	
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2& [2] Cross Right over Left - [&]Open Left to Left (RL)

3& [3] Front Right Kick - [&]Recover on Right (R)

4& [4] Cross Left over Right - [&]Open Right to Right (LR)

5-6 Step Left forward with Hips bumps (L)

7-8 Step Right forward with Hips bumps (Weight on R)

A[25-32] L TOUCH TOGETHER SIDE TOGETHER – L TO L - R TOUCH TOGETHER SIDE TOGETHER – R TO R – 1 FULL R PIVOT TURN HOOK R

&1&2	[&	Touch Le	ft next to I	Right - ∣	[1]	Touch	Left to	the side -	[&	l Touch L	eft next to	Right [2]	Open

Left to Left (Weight on L)

&3&4 [&]Touch Right next to Left - [3] Touch Right to the side - [&] Touch Right next to Left [4]

Open Right to Right (Weight on R)

5-8 Step Left forward ½ Right pivot Turn - Recover on Right - Step Left forward ½ Right pivot

□Turn (Weight on L) - Hook Right (LRL) 9h

CHORUS B (48 counts)

B[1-8] \square R TO SIDE – BACK CROSS L ROCK STEP – L SIDE ROCK STEP - BACK CROSS L ROCK STEP - L TO L – R SAILOR STEP HITCH L

1&2 C	open R to the R	(option y	ou can both do hip bumps o	of shoulder waves) (RL Weight on R)

[&] Cross Left behind Right- [3] Recover on Right (LR)
 [&] Left side rock step – [4] Recover on Right (LR)

[A] Left side rock step = [4] Necover on Night (LN)

&5-6 [&] Cross Left behind Right- [5] Recover on Right- [6] Open Left to Left (LRL)

7& [7] Cross Right behind Left – [&] Open Left to Left (RL)
 8& [8] Open Right to Right – [&] Hitch Left (R Weight on L)

B[9-16]□L TO SIDE – BACK CROSS R ROCK STEP – R SIDE ROCK STEP - BACK CROSS R ROCK

STEP - R TO R - L SAILOR STEP HITCH R

TAZ ODELLE IO THE E CODIOLI VOU CALLDOILI DO HID DUMOS DI SHOUIDEL WAVEST CEN MEIGHL OH I	1&2	Open L to the L (option you	u can both do hip bumps of shoulder waves) (LR Weight on L
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&3	[&] Cross Right behind Left- [3] Recover on Left (RL)
&4	[&] Right side rock step – [4] Recover on Left (RL)

&5-6 [&] Cross Right behind Left- [5] Recover on Left - [6] Open Right to Right (RLR)

7& [7] Cross Left behind Right – [&] Open Right to Right
8& [8] Open Left to Left – [&] □Hitch R (LRL Weight on L) 9h

B[17-24]□R SHUFFLE ¼ R TURN – L SHUFFLE ½ R TURN – R SHUFFLE – SIDE L ROCK STEP

1&2 Right shuffle forward with ¼ de T to Right (RLR) 12

3&4 Left Shuffle behind with ½ R Turn (LRL) 6h

5&6 R Side shuffle (RLR)

7-8 Side Left Rock Step – Recover on Right (LR)

B[25-32] \square CROSS L TOUCH R- R STEP TOUCH WITH ½ L T - L STEP TOUCH WITH ½ R T - R BEHIND SIDE CROSS WITH ½ L

1-2	Cross Left behind Right - Touch Right in front (option Hip bumps).(Weight on L))
3-4	Right in place - 1/4 T to Left Touch Left in front (option Hip bumps).(Weight on R) 3h
5-6	Left in Place ¼ T to Right Touch R in front (option Hip bumps).(Weight on L) 6h
7&8	Cross Right behind L – Open Left to Left – ¼ T to L Cross Right over Left (RLR) 3h

[33-40]□L SHUFFLE ¼ L TURN - R SHUFFLE ½ L TURN - L SHUFFLE - SIDE R ROCK STEP

1&2 Left shuffle forward with ¼ de T to Left (LRL) 12h
 3&4 Right Shuffle behind with ½ R Turn (RLR) 6h

5&6 Left Side shuffle (LRL)

7-8 Side Right Rock Step – Recover on Right (RL) 6h

[40-48]□CROSS R TOUCH L- L STEP TOUCH WITH ¼ R T - R STEP TOUCH WITH ¼ L T - L BEHIND SIDE CROSS

1-2	Cross Right behind Left - Touch Left in front (option Hip bumps).(Weight on R)
3-4	Left in Place - ¼ T to Right Touch Right in front (option Hip bumps).(Weight on L) 3h
5-6	Right in Place - 1/4 T to Left Touch L in front (optionnal Hip bumps).(Weight on R) 6h
7&8	Cross Left behind Right – Open Right to Right – Cross Left over Right (LRL) 6h

When you do the chorus for the 2nd time before the Tag, you should do a sailor half turn to start tag on wall 12h

TAG (32 + 32 counts)

T[1-8]□R & L SHUFFLES- R HEEL AND CROSS L AND R HEEL AND CROSS R 12h

1&2	Right Shuffle forward in diagonal (option shoulder wave or knees bend) (RLR) 13.30
3&4	Left Shuffle forward in diagonal (option shoulder wave or knees bend) (LRL) 11.30
&5&6	[&] Open R to R - [5] heel left - [&] Recover on Left - [6] Cross Right over Left (RLR)

&7&8 [&] Open L to L - [7] heel R - [&] Recover on R - [8] Cross L over R (LRL)

T[9-16]□R & L FRONT SYNCOPATED - R SWIVET L HITCH - R SWIVET L HITCH

1-2&	Front Right rock step - Recover on Left - Right together (RLR)
3-4&	Front Left rock step - Recover on Right - Left together (LRL)

&5&6 [&] Open R to R - [5] turn L heel to the R- [&] turn L ball to the front - [6] Hitch L (weight on R) &7&8 [&] Open L to L - [5] turn R heel to the L- [&] turn R ball to the front - [6] Hitch R (weight on L)

T[17-24] R & L POINT OUT - DOUBLE R - L&R POINT OUT - DOUBLE L

1&2&	[1] Touch R to R - [&] Right together - [2] Touch L to L - [&] Left together (R weight on L)
3&4&	[3] Touch to R - [&] Touch R next to L - [4] Touch R to R - [&] Right together (L Weight on R)
5&6&	[5] Touch L to L - [&] Left together - [6] Touch R to R - [&] Right together (L weight on R)
7&8&	[7] Touch to L - [&] Touch L next to R - [4] Touch L to L - [&] Left together (R Weight on L)

T[25-32] R&L STEP TOUCH -R SHUFFLE - L&R STEP TOUCH - LEFT SHUFFLE

1&2& Step R in Diagonal - touch L next to R –Step L in diagonal - Touch R next to L (RL)

3&4 Right Shuffle in diagonal (RLR)

5&6& Step L in Diagonal - touch R next to L –Step R in diagonal - Touch L next to L (LR)

7&8 Left Shuffle in diagonal (LRL)

option for more fun change for skaters and add shoulders wave or hips swings as you wish

NEXT 32 counts you can repeat Tag or repeat chorus starting from section 17-to 48 (Right shuffles) starting in wall 12.00. you should do a sailor half turn to start Chorus on wall 12)

Dance with pleasure and add all the option styles you wish to have more fun.

Contact ∼ Maria Elena Santarromana - Maria.elena@aliceadsl.fr□