Old Mountain Dew



拍数: 32 墙数: 4 级数: Novice

编舞者: Jan Van Tiggelen (NL) - November 2016 音乐: Mountain Dew "by" Aslak Gjennestad



Intro: 32 Counts from the hard beat

S1. Side Together.	Chassé, S	Side Toaether.	Shuffle Backwards.

4.0	DE 01 1	D	01 1 11
1-2	RF. Steb t	OKSIGE-LE	. Step together

3&4 RF. Step to R side - LF. Step together - RF. Step R to R side

5-6 LF. Step to L side - RF. Step together ***END****
7&8 LF. Step back - RF. Step together - LF. Step back

S2. Out Out, Behind-Side-Cross, Side Rock, Recover, Sailor 1/4 Turn L

1-2 RF. Step diagonal R back / out - LF. Step diagonal L back / out 3&4 RF. Cross behind LF - LF. Step to L side - RF. Cross over LF

5-6 LF. Rock to L side - RF. Recover

7&8 LF. Sweep and cross behind RF with 1/4 turn L - RF. Step to R side - LF. Step to L side (9)

S3. Cross Rock, Recover, Chassé 1/4 Turn R, Pivot 1/2 Turn R, Step Lock Step fwd.

1-2 RF. Cross rock over LF - LF. Recover

3&4 RF. Step to R side - LF. Step together - RF. 1/4 turn R step forward (12)

5-6 LF. Step forward - 1/2 Turn R (6)

7&8 LF. Step forward - RF. Lock behind LF - LF. Step forward

S4:Rock, Recover, Coaster Step bwd, Skate, Skate, 1/4 Turn L Shuffle

1-2 RF. Rock forward - LF. Recover

3&4 RF. Step back - LF. Step together - RF. Step forward
5-6 LF. Skate diagonal forward - RF. Skate diagonal forward

7&8 LF. 1/4 Turn L step forward - RF. Step together - LF. Step forward (3)

Start Again

ENDING: (3) Dance wall 10 up to count 6 of block 1, Do than

7&8 LF. Sweep 1/4 turn L and cross behind RF - RF. Step to R side - LF. Step to L side (12)

Contact: http://the-goldeneagle-linedancers.nl - co4ol72@kpnmail.nl