Viva La Vida



编舞者: Bobbey Willson (USA) - October 2016

音乐: Viva la Vida - Coldplay



Intro is 32 Beats - Begin at 33 This dance is choreographed as a Performance Piece

S 1: Step&Holds R L, March fwd RL Rock-back-Rec

1 2 3 4 Step R firmly down, Hold, Step L firmly down, Hold

5 6 7 8 Step R fwd firmly, Step L fwd firmly, Rock R back, Recover on L

S 2: Step-Hold-Pivot 1/4left-Hold, Back Diags (out-out) Home Tog (in-in)

1 2 3 4 Step R fwd, Hold, Pivot 1/4 left, Shift wt to L raising arms on 3,4 (9:00) 5 6 7 8 Step R to back diag, Step L wide to R, Step R fwd (home), Step L to R

S 3: R Rocking Chair, Step Pivot 1/4 right, Step Cross

1 2 3 4 Rock R fwd, Recover on L, Rock R back, Recover on L Step L fwd, Pivot 1/4 right and step L to left (12:00)

7 8 Step R down (in place), Cross L over R

S 4: Sweeps-back R L, Rock-back Rec Step Step

1 2 3 4 Sweep R to right, Step R back, Sweep L to left, Step L back5 6 7 8 Rock R back, Recover on L, Step R slightly fwd, Step L to R

(Restart here during Wall 4 while facing 9:00)

S 5: Vine right w/Cross, R Side-step Hold Side-Rock-Recover

1 2 3 4 Step R to right, Step L behind R, Step R to right, Cross L over R

5 6 7 8 Step R to right, Hold, Rock to L, Recover on R

S 6: L Rolling Vine Extended w/1/4 left, Side-step, R-Rock Recover

1 2 Turn 1/4 left and step L fwd, Turn 1/2 left and step R back

3 4 Turn 1/4 left and step L to left, Turn 1/4 left and step R fwd (9:00)

5 6 7 8 Step L to left, Hold, Rock R to right, Recover on L

S 7: Rumba Box (right, tog and back; left, tog and forward)

1 2 3 4 Step R to right, Step L to R, Step R back, Hold 5 6 7 8 Step L to left, Step R to L, Step L fwd, Hold

S 8: Montereys 1/4 right x2

1 2 Point R to right, Pivot on L 1/4right and drag R to L shift wt to L

3 4 Point L to left, Step L to R (12:00)

5 6 7 8 Repeat 1-4 as 5-8 (3:00)

Restart during Wall 4 after 1-32 - facing 9:00 Enjoy!!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. willbeys@aol.com [www.bobbeywillson.com]