

Yesterday's Tomorrow

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner
编舞者: Lynn Card (USA) & Chris Watson (AUS) - November 2016
音乐: Today Is Yesterday's Tomorrow - Michael Bublé



INTRO: 32 COUNT

S1: GRAPEVINE RIGHT, STEP TOUCH STEP TOUCH (w/Arm Sways Over Head on Walls 2,4,6,7)

1,2,3,4 Step R to right, Step L behind R, Step R to right, Touch L next to R with snap
5,6,7,8 Step L to left with snap, Touch R next to L with snap, Step R to right, Touch L next to R with snap

Styling: Sway arms over head to right, to left, to right with snaps on counts 4 - 8...do this only on the chorus on lyrics "today is yesterday's tomorrow" on walls 2,4,6,7)

S2: GRAPEVINE LEFT WITH 1/4 TURN, SCUFF, JAZZ BOX/TOUCH

1,2,3,4 Step L to left, Step R behind L, Step L to left with 1/4 turn to left (9:00), Scuff R forward
5,6,7,8 Cross R over L, Step L back, Step R to right, Touch L next to R

S3: TRIPLE LEFT, ROCK/RECOVER, TRIPLE RIGHT, ROCK/RECOVER

1&2,3,4 Step L to left, Step R next to L, Step L to left, Rock R behind L, Recover L forward
5&6,7,8 Step R to right, Step L next to R, Step R to right, Rock L behind R, Recover R forward

S4: STEP PIVOT, STEP PIVOT, HOP FORWARD L/R, CLAP, HOP BACK L/R, CLAP

1,2,3,4 Step L to left, Pivot 1/2 stepping R forward (12:00), Step L forward, Pivot 1/2 to right stepping R forward (6:00)
&5,6&7,8 Hop L forward, Hop R next to L, Clap, Hop L back, Hop R next to L, Clap

S5: TOE STRUTS WITH SNAPS TRAVELING TO RIGHT

1,2,3,4 Toe strut R to right, Recover R heel with snap, Toe strut L over R to right, Recover L heel with snap (styling, swing your arms to right as you snap on count 2, swing arms to left on count 4)
5,6,7,8 Toe strut R to right, Recover R heel with snap, Toe strut L over R to right, Recover L heel with snap (swing arms again right to left on snaps)

S6: SIDE ROCK CROSS, TOE STRUT, 1/4 TURN PIVOT HEEL STRUT

1,2,3,4 Rock R to R Side, weight back onto L, Cross R toe strut over L and lower heel
5,6,7,8 Step L to L side, 1/4 turn pivot R, taking weight onto R, Place R heel forward and drop L toe to ground.

S7: KICK FRONT, KICK SIDE, COASTER STEP, KICK FRONT, KICK SIDE, COASTER STEP

1,2,3&4 Kick R forward, Kick R to right side, Step R back, Step L back next to R, Step R forward
5,6,7&8 Kick L forward, Kick L to left side, Step L back, Step R back next to L, Step L forward

S8: 1/4 MONTEREY TURN, HIP BUMPS R L R L

1,2,3,4 Point R to right, Replace R next to L as you turn 1/4 to right, Point L to left side, Replace L next to R (6:00)
5,6,7,8 Step R slightly to right as you sway R hip to right, Shift weight on to L and sway L hip to L, Shift weight on to R and sway R hip to right, Shift weight to L and sway L hip to left (slightly lift your heels off the floor as you shift your weight back and forth so that your knees bend with your hip sways...see video)

TAG – After Wall 2, facing 12 o'clock (see video)

1,2 Put weight on R (in place where you just finished your hip sways) and wave your R arm in front of you clockwise in a circular motion on lyric "anymore"

3,4 Put weight on L (still in place from hip sways) and wave your L arm in front of you counterclockwise in a circular motion on lyric 'yeah'

RESTART: Wall 5 after 32 counts, facing 6 o'clock

ENDING: Dance will end after Wall 7, facing 6:00, finish with a "snap" using right hand/arm up on count 65
