

# Bored

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Ria Vos (NL) - December 2016  
音乐: Bored to Death - Eric Hutchinson : (Album: Easy Street)



## Intro: 16 Counts

### Rock Fwd, & Rock Fwd, Shuffle Back, Rock Back

- 1-2      Rock Fwd on R, Recover on L
- &3-4      Step R Next to L, Rock Fwd on L, Recover on R
- 5&6      Shuffle Back Stepping L-R-L
- 7-8      Rock Back on R, Recover on L

### Step ¼ L, Touch, Side, Kick-Ball-Cross, Side, Behind-Side-Cross

- 1-2      Step Fwd on R, ¼ Turn L Tap L Toe to R Diagonal (weight on R)
- 3      Step L to L Side
- 4&5      Kick R to R Diagonal, Step R Next to L, Cross L Over R
- 6      Step R to R Side
- 7&8      Step L Behind R, Step R to R Side, Cross L Over R

### Side Rock, Crossing Shuffle, ¼ R, Side, Crossing Shuffle

- 1-2      Rock R to R Side, Recover on L
- 3&4      Cross R Over L, Step L to L Side, Cross R Over L
- 5-6      ¼ Turn R Step Back on L, Step R to R Side
- 7&8      Cross L Over R, Step R to R Side, Cross L Over R

### Side Rock, & Side Rock, Sailor ¼ Turn L, Walk, Walk

- 1-2      Rock R to R Side, Recover on L
- &3-4      Step R Next to L, Rock L to L Side, Recover on R
- 5&6      Step L Behind R Turning ¼ Turn L, Step R Next to L, Step Fwd on L
- 7-8      Walk Fwd R-L

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