

Faith

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Donna Manning (USA) - December 2016
音乐: Faith (feat. Ariana Grande) - Stevie Wonder : (from the movie Sing)



Intro is 16 counts

****Do 4 walls coming back to 12:00 – add Tag- do 1 full wall (12:00-9:00) – Next is the altered wall starting facing 9:00, Do 1st 16 then add the last 8 tweaking the step touches fwd instead of back to accommodate good body mechanics, this will come back to 12:00. Continue with full 48 through to the end.**

Weight starts on the R

Sec. 1 (1-8) □ Kick, Behind, Side, Cross, ¼, ¼, Cross, Side (6:00)

1,2,3,4 Kick L to diagonal, L behind R, R to R side, cross L over R – Let your arms be expressive – up on 1, out front on 1, push down by your hips on 1 – have fun
5,6,7,8 ¼ turn L back on R, ¼ turn L step side with L, cross R over L, step L to side (keep body angled to 7:30)

Sec.2 (9-16) □ Kick, Back Rock, Recover, Together, Heel-Toe Swivels, Hook (3:00)

1,2,3,4 Kick R to diagonal, R back rock, recover to L, bring R together with L (keeping body angled to 7:30)
5,6,7,8 bent knees – heels to R, toes to R, heels to R weight to R, hook L over R while turning ¼ turn L (3:00)

Sec.3 (17-24) □ Step, Point, Step, Point, Behind, Side, Cross, Flick

1,2,3,4 Fwd on L, point R to side, fwd on R, point L to side keeping hips open to diagonal
5,6,7,8 L behind R, R to R side, Cross L over R, Flick R out to side as you just change angles from R to L (3:00)

Sec.4 (25-32) □ ¼ Turn R Jazz Box, Sway, ¼ Recover, ½ Turn

1,2,3,4 Step R across L, step L back, ¼ turn R – R to R side, step L fwd (6:00)
5-6, 7,8 small hip sway to R for 5-6, ****SPOT YOUR R SHOULDER WALL TO COME BACK TO THROUGH COUNTS 7,8,1,2,*****recover ¼ turn R weight to L, ½ turn R stepping R fwd (keep steps for 7,8 small and under your body to complete on time) (3:00)

Sec.5 (33-40) □ ¼, ¼, Toe-heel Cross, Toe-heel Cross

1,2 continue turning ¼ R stepping L down, ¼ turn R stepping down on R (solid to support body) (9:00)
3,4,5 with weight on R -turn L in touching toe, turn out touching heel, cross L over R
6,7,8 with weight on L- turn R in touching toe, turn out touching heel, cross R over L (9:00)

Sec.6 (41-48) Step-Touch, Pause, Step-Touch, Pause, Knee Pops X3

&1, 2 Step L back on diagonal, touch R next to L, Pause
&3, 4 Step R back on diagonal, touch L next to R, Pause
&5 quick step L,R slightly fwd shoulder width apart
&6&7&8& 3 knee pops – raise heels bending knees on the & counts, heels down on the whole counts – taking weight to R on 8& to start again (here's where you can add some more fun – arms down by hips bringing both straight out and up during these 3 counts – do a whole body shiver to include the arms – finger snaps using arms from elbows forearm up on the & count and snapping as you lower to hip on the full count....let the music move ya and have fun with this part) (9:00)

TAG: After wall 4 facing 12:00 16 counts- 2 V Steps with claps

1,2,3,4	Step L to fwd diagonal, clap hands up by L shoulder (or higher), step R to diagonal, clap hands by R shoulder (or higher)
5,6,7,8	Step L back to center, clap hands by L hip, step R back to center, clap hands by R hip

Ending: if you wanna add some more flair to the end when the music slows down cross R over L and unwind to the front slowly bringing extended arms from down to up with some jazz hands....totally optional , but fun!

****Do 4 walls coming back to 12:00 – add tag- do 1 full wall (12:00-9:00) – next is the altered wall starting facing 9:00, do 1st 16 then add the last 8 tweaking the step touches fwd instead of back to accommodate good body mechanics, this will come back to 12:00. Continue with full 48 through to the end.**
