

拍数: 48 编数: 4 级数: Easy Intermediate

编舞者: Sonja Hemmes (USA) - December 2016

音乐: Bailamos - Enrique Iglesias : (Album: Enrique)



Start on Lyrics

This dance Bailamos is choreographed and dedicated to Andre' Da Silva, a respected friend of my husband, Paul

S1: TRIPLE FORWARD DIAGONALLY LEFT, TRIPLE FORWARD DIAGONALLY RIGHT, SWAY RIGHT, LEFT, RIGHT, LEFT

1&2	Step right forward diagonally to the left, left	behind right, right forward
3&4	Step left forward diagonally to the right, right	nt behind left, left forward

5-8 Sway hips right, left, right, left

S2: RIGHT ROCK FORWARD, TRIPLE 1/2 RIGHT, LEFT ROCK FORWARD, TRIPLE 1/2 LEFT

1-2	Right rock forward,	return weight on left

3&4 Step right ¼ to right, left behind right, step right ¼ to right

5-6 Left rock forward, return weight on right

7&8 Step left ¼ to left, right behind left, step left ¼ to left

S3: JAZZ BOX TURNING 1/4 RIGHT, MAMBO RIGHT, MAMBO LEFT□

1-4	Step right forward	step left back.	step right turning	1/4 riaht, ste	p left next to right
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Step right to right side, return weight on left, step right next to left Step left to left side, return weight on right, step left next to right

S4: RIGHT ROCK FORWARD, COASTER BACK, LEFT ROCK FORWARD, COASTER BACK

1-2 Right rock forward, return weight on left

3&4 Step right back, step left next to right, step right forward

5-6 Left rock forward, return weight on right

7&8 Step left back, step right next to left, step left forward

S5: RIGHT ROCK FORWARD, ROCK SIDE, ROCK BACK, STEP IN PLACE, LEFT ROCK FORWARD, ROCK SIDE, ROCK BACK, STEP IN PLACE

1&2& Right rock forward, step on left, right rock to side, step	on leπ
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3&4 Rock right back, step on left, step right next to left

5&6& Left rock forward, step on right, left rock to side, step on right

7&8 Rock left back, step on right, step left next to right

S6: STEP TOGETHER RIGHT, LEFT, RIGHT, 1/2 TURN RIGHT, STEP TOGETHER LEFT, RIGHT, LEFT, RIGHT ROCK FORWARD DIAGONALLY, LEFT ROCK FORWARD DIAGONALLY

1&2	Step right to right side, step left next to right, step right to right side
3&4	Turn ½ right stepping on left, step right next to left, step left to left side
5&6	Right rock forward diagonally, step on left, step right next to left
7&8	Left rock forward diagonally, step on right, step left next to right

Tags: (3)

Tag 1 – End of 2nd rotation, facing the 6 o'clock wall, there is a 6 count Tag, 3 (1/4) pivots to the left, then Restart

Tag 2 – End of 5th rotation, facing the 12 o'clock wall, there is an 8 count Tag, 4 (1/4) pivots to the left

Tag 3 – End of 6th rotation, facing the 9 o'clock wall, there is an 8 count Tag, 3 (1/4) pivots to the left, and sway right, left, this ends the dance

