So Good It Hurts



拍数: 32 墙数: 2 级数: Improver

编舞者: Daniel Exton (UK) - December 2016

音乐: I Don't Like It, I Love It (feat. Robin Thicke & Verdine White) - Flo Rida



S1: Big Step, Slide, Big Step, Slide, Grapevine 1/4 Turn	
1, 2	Big Step to the Right, Slide Left foot next to Right
3, 4	Big Step to the Left, Slide Right next to Left
5, 6	Right foot to Right side, Left foot behind Right
7, 8	Right foot forward with 1/4 turn Right, Left foot next to Right
S2: Mambo Step, Coaster Step, Charleston Step	
1&2	Right foot forward, Left foot next to Right, Right foot back
3&4	Left foot back, Right foot next to Left, Left foot forward
5, 6	Right foot forward, Sweep Left foot round and Touch in front of Right foot
7, 8	Sweep Left foot back, Right foot Touch behind Left and sweep out ready for next step
S3: (Rock and 1/2 Turn, Walk, Walk) x2	
1&2	Rock forward on Right foot, Recover onto Left, Right foot forward with 1/2 turn Right
3, 4	Walk forward Left, Right
5&6	Rock forward on Left, Recover onto Right, Left foot forward with 1/2 turn Left
7, 8	Walk forward Right, Left
S4: Cross and Side, Cross and Side, Monterey 1/4 Turn, Kick Ball Change	
1&2	Cross Right over Left, Left foot back, Right foot to Right side
3&4	Cross Left over Right, Right foot back, Left foot to Left Side
5&	Touch Right to Right side, Touch Right next to Left whilst doing a 1/4 turn Right
6&	Touch Left to Left side, Touch Left next to Right
7&8	Kick Right foot forward, Right foot next to Left, Left foot next to Right

NO TAGS - NO RESTARTS - ENJOY!!!

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